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Association of oxidative stress and inflammatory metabolites with Alzheimer's disease cerebrospinal fluid biomarkers in mild cognitive impairment

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Abstract

Background Isoprostanes and prostaglandins are biomarkers for oxidative stress and inflammation. Their role in Alzheimer's disease (AD) pathophysiology is yet unknown. In the current study, we aim to identify the association of isoprostanes and prostaglandins with the Amyloid, Tau, Neurodegeneration (ATN) biomarkers (A β -42, p-tau, and t-tau) of AD pathophysiology in mild cognitive impairment (MCI) subjects.

Methods Targeted metabolomics profiling was performed using liquid chromatography-mass spectrometry (LCMS) in 147 paired plasma-CSF samples from the Ace Alzheimer Center Barcelona and 58 CSF samples of MCI patients from the Mannheim/Heidelberg cohort. Linear regression was used to evaluate the association of metabolites with CSF levels of ATN biomarkers in the overall sample and stratified by A β -42 pathology and APOE genotype. We further evaluated the role of metabolites in MCI to AD dementia progression.

Results Increased CSF levels of PGF2 α , 8,12-iso-iPF2 α VI, and 5-iPF2 α VI were significantly associated (False discovery rate (FDR) < 0.05) with higher p-tau levels. Additionally, 8,12-iso-iPF2 α VI was associated with increased total tau levels in CSF. In MCI due to AD, PGF2 α was associated with both p-tau and total tau, whereas 8,12-iso-iPF2 α VI was specifically associated with p-tau levels. In APOE stratified analysis, association of PGF2 α with p-tau and t-tau was observed in only APOE ϵ 4 carriers while 5-iPF2 α VI showed association with both p-tau and t-tau in APOE ϵ 33 carriers. CSF levels of 8,12- iso-iPF2 α VI showed association with p-tau and t-tau in APOE ϵ 33/APOE ϵ 4 carriers and with t-tau in APOE ϵ 3 carriers. None of the metabolites showed evidence of association with MCI to AD progression.

Conclusions Oxidative stress (8,12-iso-iPF2 α VI) and inflammatory (PGF2 α) biomarkers are correlated with biomarkers of AD pathology during the prodromal stage of AD and relation of PGF2 α with tau pathology markers may be influenced by APOE genotype.

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Keywords Alzheimer's disease, Mild cognitive impairment, *APOE*, Cerebrospinal fluid, Oxidative stress, Isoprostane, Prostaglandin

Background

Oxidative stress represents a series of adaptive responses as a result of the insufficiency of the antioxidant system counteracting the oxidant system [1]. Characterized by the excessive production of free radicals like reactive oxygen species and reactive nitrogen species, oxidative stress results in cellular injury, which has been involved in various disorders including neurodegenerative diseases [2, 3] such as Alzheimer's disease (AD) [4–6]. Besides the tissue damage, oxidative stress may also influence blood–brain integrity which may also activate neuroinflammation [7], an early-stage process in AD pathophysiology [8, 9].

A large number of studies have shown elevated cerebrospinal fluid (CSF) and plasma levels of isoprostanes and prostaglandins in AD [5, 10–16], but their relation with established Amyloid, Tau, Neurodegeneration (ATN) biomarkers: amyloid-beta 42 [$A\beta$ -42], phosphorylated-tau [p-tau], and total-tau [t-tau]) [17] is not yet studied during the prodromal phase of AD or linked to the progression from mild cognitive impairment (MCI) to AD dementia. To study the oxidative stress and inflammatory pathways during the prodromal phase of AD, i.e., MCI, we profiled a set of isoprostanes and prostaglandins in both CSF and plasma. Isoprostanes are prostaglandin-like metabolites produced by free radical-mediated phospholipid peroxidation [18] and are established biomarkers of oxidative stress [19]. Together with their isomeric prostaglandins, pro-inflammatory metabolites [20], they reflect oxidative stress combined with inflammatory status [21]. The apolipoprotein E (*APOE*) genotype plays a substantial role in oxidative stress and inflammation. The *APOE* gene is polymorphic and consists of three alleles, ϵ 4, ϵ 3, and ϵ 2, of which ϵ 3 is the most common allele in populations. The ϵ 2 allele of *APOE* is considered protective, while the *APOE* ϵ 4 allele is a major genetic risk factor for AD [22], with carriers exhibiting increased susceptibility to oxidative damage in the brain. Such individuals often exhibit compromised antioxidant defenses, resulting in elevated levels of oxidative stress that contribute to neurodegeneration [23, 24]. Consequently, examining the role of *APOE* in the relationship between oxidative stress and inflammatory markers and AD pathology may be relevant.

Our study aims to determine whether oxidative stress and inflammation-related metabolites in the prostaglandin and isoprostane pathway in CSF and plasma, are associated with $A\beta$ -42, p-tau and t-tau levels in CSF during the prodromal phase of AD. We further studied the

influence of *APOE* on the association of metabolites with ATN biomarkers and the progression from MCI to AD dementia.

Methods

Study populations

Study participants included in the analyses came from two cohorts of the Alzheimer's Disease Apolipoprotein Pathology for Treatment Elucidation and Development (ADAPTED) consortium, including Barcelona-based memory clinic Ace Alzheimer Center Barcelona (147 CSF-plasma paired samples) and Heidelberg/Mannheim memory clinic (58 CSF samples). Demographic information of the full data set is provided in Supplementary Table 1. Both cohorts had obtained their approvals from their respective medical ethical committees, and informed consents are available from all participants which permit the use of phenotype and biomarker information for research purposes. Due to missing information on BMI and lipid-lowering medication use, MCI patients with complete information on age at blood collection, sex, body mass index (BMI), lipid-lowering medication use, as well as AD biomarkers in CSF (i.e., $A\beta$ -42, p-tau, and t-tau) were selected for both studies (ACE cohort = 142, Heidelberg/Mannheim cohort = 40).

Ace Alzheimer Center Barcelona cohort

Patient recruitment and assessment was carried out at the Memory Disorders Unit from Ace Alzheimer Center Barcelona (ACE), Spain between 2016 and 2017 [25]. The diagnosis was assigned for each patient by consensus among neurologists, neuropsychologists, and social workers at a case conference. All the MCI patients fulfilled the MCI Petersen's diagnostic criteria [26, 27] including subjective memory complaints, decline from normal general cognition, preserved performance in activities of daily living, absence of dementia, and a measurable impairment in one or more cognitive functions, with or without a deficit in other cognitive domains (amnesic MCI: single domain or amnesic MCI: multiple domains). The cut-off scores for impairment were based on age and different levels of education. Specific cutoffs for all tests included in the comprehensive neuropsychological battery (NBACE) are detailed elsewhere [28]. Any individual scoring below the established cutoffs [28] in any test was considered to have MCI. In the subsequent follow-up of MCI patients, dementia diagnosis

was performed based on the Diagnostic and Statistical Manual of Mental Disorders (DSM)-V criteria [29]. The cognitive deficits within the dementia group were classified according to the 2011 National Institute of Aging-Alzheimer's Association (NIA-AA) [30] for Alzheimer's disease; the National Institute of Neurological Disorder and Stroke and Association Internationale pour la Recherche et l'Enseignement in Neurosciences criteria (NINDS-AIREN) [31] for vascular dementia, Frontotemporal Dementia [32], and for Lewy body dementia [33]. Paired CSF and plasma samples were collected from fasted patients using clinically recommended approaches. Lumbar puncture (LP) was used for CSF collection from the patient's intervertebral space of L3-L4 according to standard recommendations [34] and the procedure was performed by experienced neurologists under local anesthesia (1% mepivacaine) of the patient in a sitting position. Two tubes (10-ml polypropylene tube, Sarstedt ref 62,610,018) of CSF were obtained passively of which, one tube for basic biochemistry analysis including glucose, total proteins, proteinogram, and cell type and cell number. The second CSF tube was aliquoted into polypropylene tubes (Sarstedt ref 72,694,007) after being centrifuged (2000xg 10 min at 4°C) and finally stored at -80°C. This was performed within 2 h after CSF collection. For AD biomarker analysis on the sample collection day, an aliquot was thawed at room temperature and vortexed for 5–10 s followed by CSF Aβ1-42, t-tau, and p-tau level determination using commercially available enzyme-linked immunosorbent assays, namely Innostest Aβ1-42, Innostest hTAU Ag and Innostest PHOSPHO-TAU (181P) (Innotest, Fujirebio Europe) [34–36].

APOE genotyping was performed in the ACE cohort. The patient's whole blood was obtained for DNA extraction using DNA Chemagen technology (Perkin Elmer). Then TaqMan probes analysis (Real-Time PCR QuantStudio3, Thermofisher) was applied to characterize the *APOE* genotype of the patient.

Heidelberg/Mannheim memory clinic sample

Heidelberg/Mannheim memory clinic cohort included 58 MCI patients between 2012 and 2016 at the Memory Clinic of the Central Institute of Mental Health (Mannheim, Germany). Patients were recruited by detailed medical history, physical and neuropsychiatric examination, and standard serum laboratory assessment excluding subjects with neuropsychiatric or general medical causes of impaired cognition. Therefore, all MCI patients met the MCI Petersen's diagnostic criteria [26, 27], including subjective memory complaints, normal general cognition, only minimally impaired performance in instrumental activities of daily living, absence of dementia, and a measurable impairment in one or more

cognitive domains. Cognitive impairment was defined as performance below 1.2 standard deviation in one or more cognitive domains in standard neuropsychological test battery [37] (test battery of the Consortium to Establish a Registry for Alzheimer Disease (CERAD) [38] plus the Wechsler memory scale – logical memory (WMS) immediate and delayed recall [39], and the trail making test A (TMT-A) and B (TMT-B) [40]. CSF collected by lumbar puncture was used for biomarker assessment and for amyloid determination, and the results of the individual patient were discussed at a case conference attended by geriatric psychiatrists and neuropsychologists. The diagnosis of MCI due to AD or prodromal AD [41] was assigned by consensus. CSF samples were collected and aliquoted for storage at -80°C. Determination of Aβ1-42, p-tau, and t-tau were performed based on standardized protocols in the Neurochemistry Laboratory at the Department of Neurology, University Medical School, Göttingen. CSF levels of p-tau, total-tau and CSF levels of Aβ1-42 were both quantitatively determined using a commercially available ELISA kit [INNOTEST® PHOSPHO-TAU(181P) Innogenetics], INNOTEST® hTAU AG and a commercially available ELISA kit [INNOTEST® β-AMYLOID (1–42) Innogenetics] from Fujirebio respectively. Aβ-40 was measured with ELISA-Kits from IBL. Illumina GSA1.0 Shared Custom Content bead array was applied for *APOE* genotyping. *APOE* genotype determination was performed using GenomeStudio 2.0 software and data were exported in PLINK format.

Metabolomics profiling

All CSF and plasma samples of both cohorts were analyzed using an ultra-high-performance liquid chromatography tandem mass spectrometry (UHPLC–MS/MS) based approach profiling oxidative stress and inflammatory metabolites including isoprostanes and prostaglandins [42, 43].

Samples were stored at -80°C, thawed on ice, and randomized prior to analysis. The sample volume of CSF aliquot and plasma aliquot was 350 µL and 150 µL respectively. The remains were pooled and used for quality control (QC) samples. CSF samples were dried under the vacuum, spiked with deuterated internal standards (ISTDs) and antioxidant (BHT:EDTA 1:1, 0.2 mg/mL) and then extracted with a mixture of 1-butanol:ethyl acetate (1:1, v/v). After the supernatant was collected and dried, samples were reconstituted using a mixture of methanol: water (70:30, v/v). Plasma samples were prepared with the same ISTDs and antioxidant with extra acidifying buffer of 0.2M citric acid and 0.1M disodium hydrogen phosphate (pH 4.5). Then liquid–liquid extraction was performed with a mixture of 1-butanol:ethyl acetate (1:1, v/v) and samples were vortexed followed by

centrifugation and collection of the upper organic phase for evaporation. Dried samples were reconstituted with a mixture of ice-cold methanol: water (70:30, v/v). All reconstituted samples were measured using a Shimadzu LCMS-8050 system (Shimadzu, Japan).

For both plasma and CSF samples, LC-MS analyses were performed with high pH run and low pH run using two aliquots from each reconstituted sample. The high pH run targets 24 lysophosphatidic acid species of which results were published elsewhere [42]. The low pH run targets 16 isoprostanes and their isomeric prostanoids as well as some nitro-free fatty acids. For low pH run, samples were measured using an Acquity BEH C18 column (2.1 × 50 mm, 1.7 μm, Waters) with a tertiary mobile phase system of (A) water with 0.1% acetic acid, (B) 75% acetonitrile with 25% methanol and 0.1% acetic acid, and (C) 100% isopropanol. Dynamic multiple reaction monitoring (dMRM) mode with fast polarity switching was selected for MS acquisition.

QC samples and blank samples were injected together with study samples to ensure data quality. Metabolites showing a relative standard deviation (RSD) no more than 30% on corrected peak areas in QC samples were used as a criterion for metabolite export and further analysis. After QC correction, 9 and 2 metabolites in CSF and plasma, respectively, were used for further data analysis (Supplementary Table 2). We detected two isoprostanes in both CSF and plasma including 8-iso-PGF₂α and 8,12-iso-iPF₂α VI. Metabolites exclusively detected in CSF samples included three prostaglandins and four isoprostanes. The inverse rank transformation was performed to normalize the distribution of metabolites in both cohorts.

Association of AD biomarkers with metabolites in CSF and plasma

We performed linear regression to assess the association of Aβ-42, p-tau, and t-tau with the isoprostanes and prostaglandins profiled in paired CSF and plasma samples from the ACE cohort and only CSF samples from the Heidelberg-Mannheim memory clinic. Levels of Aβ-42, p-tau, and t-tau in CSF were used as an outcome variable in the regression model, and the analyses were adjusted for age, sex, body mass index (BMI), and lipid-lowering medications. Information about Aβ-40 and Aβ-42/Aβ-40 ratio was only available in the Mannheim/Heidelberg cohort, therefore association analysis of Aβ-40 and ratio was only conducted in one cohort. The inverse rank transformation was applied to normalize the distribution of both CSF AD biomarkers (Aβ-42, p-tau, and t-tau) and metabolite levels in CSF and plasma. A meta-analysis of regression analysis results of the two cohorts was performed using METAL software [44] using the

inverse-variance fixed-effect model. Meta-analysis results of association were also corrected for multiple testing separately for each AD biomarker using false discovery rate (FDR) by Benjamini and Hochberg method [45] and findings with $FDR < 0.05$ were considered significant in overall analysis. All analyses were performed in R version 4.2 (<https://www.r-project.org/>).

Sensitivity analysis

To evaluate the relevance of observed associations between metabolites and AD biomarkers with AD brain pathology, we repeated the association analysis in stratifying MCI patients into Aβ positive and Aβ negative categories. In the ACE cohort, Aβ positive was defined as Aβ-42 < 676 pg/ml and in the participants from Mannheim Heidelberg cohort, Aβ positive was define as MCI participants with Aβ-42 ≤ 550 pg/ml or an Aβ-42 / Aβ-40 ratio < 0.55.

Comparison of CSF metabolite levels between ATN categories

To further corroborate on the association results of linear regression between metabolites and AD biomarkers, we categorized the patients with MCI based on three AD biomarker categories: Aβ-42 (A±), p-tau (T±) and total tau (N±). We grouped MCI into four categories based on ATN biomarkers to investigate the relationship of metabolites with AD pathology including A-T-N-, A+T-N-, A+T+N- and A+T+N+. We compared the mean values of metabolites between different ATN categories using two tailed t test. Multiple testing correction was performed using $FDR < 0.05$ based on Benjamini and Hochberg method [45]. In the ACE cohort, A+ was defined as Aβ-42 < 676 pg/ml, T+ as p-tau > 58 pg/ml, and N+ as t-tau levels > 367 pg/ml [36]. In the participants from Mannheim Heidelberg cohort, A+ was defined as participants with Aβ-42 ≤ 550 pg/ml or an Aβ-42/Aβ-40 ratio < 0.55, T+ as p-tau ≥ 61 pg/ml, and N+ as total tau ≥ 450 pg/ml. ATN comparison analyses were performed on the full dataset since we have not adjusted the analysis for covariates.

APOE stratified regression analysis

To identify APOE specific associations of metabolites with AD biomarkers, APOE stratified analysis was performed in both participating cohorts based on three APOE strata including APOE ε4 (ε4ε4/ ε3ε4/ ε2ε4), APOE ε3 (ε3ε3), and APOE ε2 (ε2ε2/ε2ε3). In the stratified analysis, subjects with APOE ε2ε4 genotype were pooled with patients having APOE ε4ε4/ ε3ε4 genotypes based on their similar risk profiles as reported in an earlier study [46]. The APOE stratified analyses were adjusted for age, sex, body mass index (BMI), and lipid-lowering

medications. *APOE* stratified analysis results were reported as a combined meta-analysis of both datasets (ACE CSF cohort and Heidelberg/Mannheim cohort) included in the current study. Due to the smaller number of *APOE* $\epsilon 2$ carriers in these two datasets, a combined regression analysis was performed, aggregating all *APOE* $\epsilon 2$ carriers from two cohorts. The combined analysis for *APOE* $\epsilon 2$ stratum was additionally adjusted for cohort information in the tested model. The multiple testing correction was performed using $FDR < 0.05$ based on Benjamini and Hochberg method [45].

Association of *APOE* with metabolite levels

To evaluate the association of *APOE* genotype with metabolites measured in CSF, we also performed the association of metabolites (as outcome) with *APOE* (Predictor) using linear regression analysis. In this analysis, we tested three *APOE* binomial categories: *APOE* $\epsilon 4$ versus *APOE* $\epsilon 3$ carriers, *APOE* $\epsilon 2$ versus *APOE* $\epsilon 3$ carriers and *APOE* $\epsilon 2$ versus *APOE* $\epsilon 4$ carriers using linear regression adjusted for the age, sex, BMI, and lipid-lowering medications. Analysis results were reported for each cohort as well as their combined meta-analysis. We also performed adjusted analysis of covariance (ANCOVA) test to compare three categories of *APOE* (*APOE* $\epsilon 2$ versus *APOE* $\epsilon 3$ versus *APOE* $\epsilon 4$).

MCI to AD dementia progression analysis

Follow-up information was available for 138 out of 142 MCI patients of the ACE cohort, of which 43 MCI progressed into AD dementia (31%) while 95 MCI did not progress to AD dementia. The criteria for dementia diagnosis are detailed above in the Ace Alzheimer Center Barcelona cohort description. We analyzed the association of metabolites with MCI to AD dementia progression using cox proportional hazard model adjusted for age at blood collection, sex, BMI, and lipid-lowering medication used (Model 1). In the second model, we also adjusted the analyses for *APOE* status. To identify the association of metabolites with MCI to AD progression in different *APOE* carriers, we performed a *APOE* stratified analysis in *APOE* $\epsilon 4$ and *APOE* $\epsilon 3$ carriers.

Results

The general characteristics of the ACE (discovery) and Heidelberg/Mannheim (replication) cohorts with full information of the covariates used in the analysis are presented in Table 1. The patients of the ACE cohort (Mean age=71.95, SD=7.74) were on average 3 years older ($P=0.043$) compared to the replication cohort (Mean=68.85, SD=8.51). The proportion of women was similar (ACE cohort: 52.11%, Mannheim/Heidelberg cohort: 55%) between the two cohorts ($P=0.886$), and the percentage of patients treated with lipid-lowering

Table 1 Population description

	ACE cohort	Heidelberg/Mannheim cohort	P-value of difference
MCI patients (N)	142	40	
Metabolomics profiling tissue	CSF and Plasma	CSF	
Age (SD) blood collection, years	71.95(7.74)	68.85(8.51)	0.043
Female (%)	74(52.11%)	22(55%)	0.886
Body Mass index (SD)	26.47(3.75)	25.86(3.62)	0.354
Lipid-lowering medication user (%)	63(44.37%)	11(27.5%)	0.083
Amyloid-beta 42 in pg/mL (SD)	791.59 (337.36)	690.85 (394.14)	0.151
P-Tau in pg/mL (SD)	71.37 (37.31)	63.17 (29.97)	0.153
Total tau in pg/mL (SD)	425.87 (288.88)	380.95 (326.98)	0.435
<i>APOE</i> genotype N (%)			
<i>APOE</i> $\epsilon 4$ ($\epsilon 4\epsilon 4/\epsilon 3\epsilon 4/\epsilon 2\epsilon 4$)	50 (35.21%)	18 (45%)	0.344
<i>APOE</i> $\epsilon 3\epsilon 3$	81 (57.04%)	18 (45%)	0.242
<i>APOE</i> $\epsilon 2\epsilon 2/\epsilon 2\epsilon 3$	11 (7.75%)	4 (10%)	0.895
Amyloid positive	68 (47.89%)	22 (55%)	0.445
ATN categories			
A-T-N-	43 (30.28%)	12 (30%)	0.873
A + T-N-	19 (13.38%)	11 (27.5%)	0.094
A + T + N-	9 (6.34%)	4 (10%)	0.757
A + T + N +	40 (28.17%)	7 (17.5%)	0.140

Abbreviations: MCI mild cognitive impairment, SD Standard deviation, CSF Cerebrospinal fluid, *APOE* apolipoprotein E gene

medication in the ACE cohort (44.37%) was 1.6 times higher compared to the Heidelberg/Mannheim i.e., 27.5% ($P=0.083$). A β -42, p-tau, and t-tau in CSF levels were not significantly different between the two cohorts. Information about the comorbidities was available for Mannheim/Heidelberg cohort which is provided in the Supplementary Table 1.

Association of metabolites with ATN biomarkers in meta-analysis

Results of association analysis of metabolites measured in CSF with ATN biomarker (A β -42, p-tau, and t-tau) levels in CSF are provided in Fig. 1 and Supplementary Table 3. In the meta-analysis of association of metabolites with A β -42 (Fig. 1A and Supplementary Table 3), none of the metabolites studied were significantly associated when adjusting for multiple testing. Three metabolites showed evidence of association with A β -42 including PGE2 ($\beta=0.20$, $P=1.33\times10^{-2}$), PGF2 α ($\beta=0.223$, $P=3.36\times10^{-2}$) and 8,12-iso-iPF2 α VI ($\beta=0.165$, $P=3.74\times10^{-2}$) that was consistent across cohorts, but all had $FDR>0.05$. In Mannheim/Heidelberg cohort, four metabolites PGE2 ($\beta=0.432$, $P=3.34\times10^{-3}$), PGF2 α ($\beta=0.452$, $P=1.76\times10^{-3}$), 8,12-iso-iPF2 α VI ($\beta=0.478$, $P=5.97\times10^{-3}$), and 5-iPF2 α VI ($\beta=0.391$, $P=2.01\times10^{-2}$) showed significant association with CSF A β -40 levels (Supplementary Table 4). In the association of metabolites with p-tau (Fig. 1B and Supplementary Table 3), increased levels of 8,12-iso-iPF2 α VI ($\beta=0.275$, $P=2.0\times10^{-4}$), 5-iPF2 α VI ($\beta=0.216$, $P=1.30\times10^{-2}$)

and PGF2 α ($\beta=0.273$, $P=6.0\times10^{-3}$) showed significant association ($FDR<0.05$) with p-tau levels in CSF. While the meta-analysis showed a significant association of PGF2 α and 5-iPF2 α VI, individual cohort analyses did not show significant associations in one cohort ($P<0.05$). The regression coefficients for 5-iPF2 α VI were similar across two cohorts. However, PGF2 α showed a threefold increase in regression coefficient in the smaller Heidelberg/Mannheim sample compared to the larger cohort, suggesting considerable heterogeneity ($I^2=53.4$, $P=0.143$). The isoprostane 8,12-iso-iPF2 α VI ($\beta=0.228$, $P=3.0\times10^{-3}$) was also significantly associated with t-tau levels at $FDR<0.05$, while PGF2 α ($\beta=0.241$, $P=0.020$) showed relationship with CSF t-tau levels, mainly driven by the smaller cohort Heidelberg/Mannheim. The 5-iPF2 α VI did not show significant association with total tau levels (Supplementary Table 3). The forest plot (Fig. 1) of overall meta-analysis has shown that the association of PGF2 α , 5-iPF2 α VI, and 8,12-iso-iPF2 α VI was similar across the ATN markers but was strongest and most FDR significant for p-tau.

Sensitivity analysis in A β positive and A β negative MCI participants

In the A β positive-MCI participants (Supplementary Table 5), CSF levels of PGF2 α ($\beta=0.470$, $P=1.10\times10^{-3}$) and 8, 12-iso-iPF2 α VI ($\beta=0.326$, $P=1.57\times10^{-3}$) remained significantly associated with p-tau, while PGF2 α was associated with total-tau ($\beta=0.429$, $P=4.07\times10^{-3}$) after multiple testing correction ($FDR<0.05$). In the current

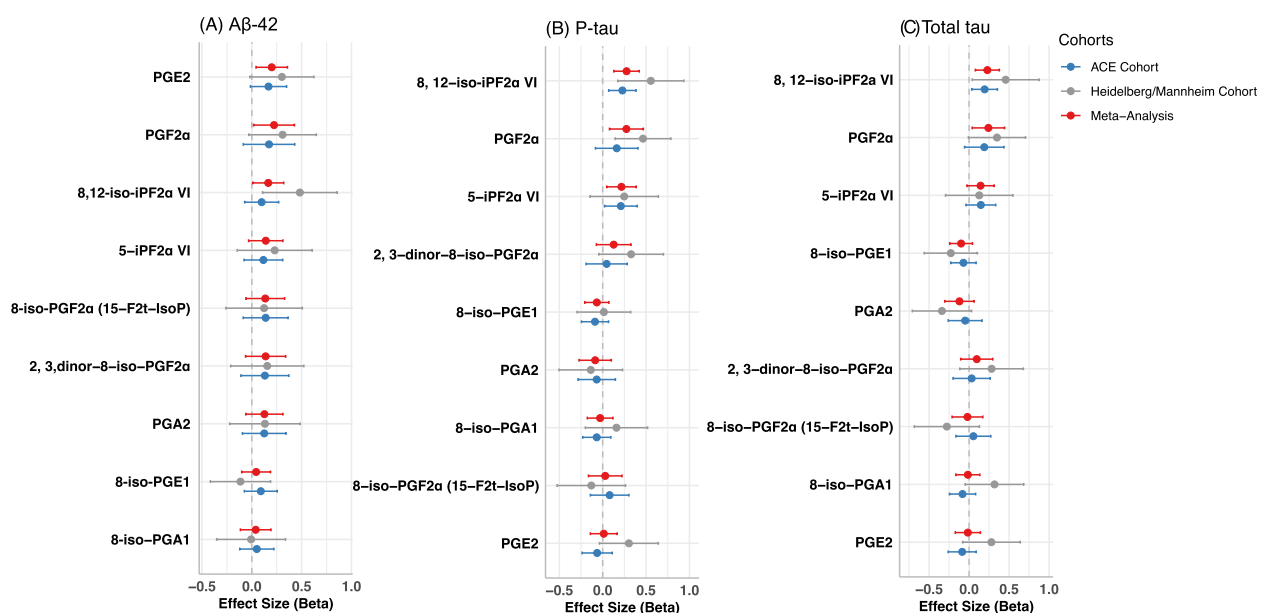


Fig. 1 Forest plot of the association of cerebrospinal fluid (CSF) metabolite levels with amyloid beta 42 (A), phosphorylated tau (B), total tau levels (C). Metabolites within each plot are ordered based on their meta-analysis p-values

meta-analysis of p-tau, we also did not observe a significant difference of regression coefficients of PGF2 α between two cohorts ($I^2=0$, $P=0.571$) as we did in original meta-analysis. We did not identify the association of PGF2 α and 8, 12-iso-iPF2 α VI with p-tau/t-tau in the A β negative-MCI participants (Supplementary Table 6).

Association of plasma levels metabolites with AD biomarkers

In plasma-based metabolic measurements, only two metabolites (8,12-iso-iPF2 α VI, 8-iso-PGF2 α) were detected in more than 60 percent of participants. We observed a significant correlation of 8-iso-PGF2 α levels between plasma and CSF (correlation coefficient=0.31, $P=1.8\times 10^{-4}$), no correlation was observed for 8,12-iso-iPF2 α VI (correlation coefficient=0.076, $P=0.37$) (Supplementary Fig. 1). The observed significant correlation of 8-iso-PGF2 α levels in plasma and CSF in ACE cohort, supports its similar association results both in plasma (Supplementary

Table 7, A β -42: $\beta=0.040$, $P=0.652$; P-tau: $\beta=0.020$, $P=0.818$; t-tau: $\beta=0.026$, $P=0.761$) and CSF (Supplementary Table 3, A β -42: $\beta=0.139$, $P=0.230$; P-tau: $\beta=0.080$, $P=0.482$; t-tau: $\beta=0.054$, $P=0.630$). Plasma levels of 8,12-iso-iPF2 α VI did not show association with A β -42 ($\beta=0.180$, $P=0.107$), p-tau ($\beta=-0.115$, $P=0.296$) and t-tau ($\beta=-0.144$, $P=0.183$) (Supplementary Table 7).

CSF metabolite levels between ATN categories

In our analysis of metabolite levels across ATN categories within the ACE cohort (Fig. 2 and Supplementary Table 8), we identified significantly increased levels of PGF2 α ($P=3.8\times 10^{-5}$) and 5-iPF2 α VI ($P=1.4\times 10^{-3}$) in A+T+N+ compared to A+T-N-. A similar pattern was observed for 8,12-iso-iPF2 α VI ($P=4.6\times 10^{-2}$) and 8-iso-iPF2 α ($P=2.3\times 10^{-2}$); however, these associations were no longer significant after adjusting for multiple comparisons. The CSF levels of 2,3-dinor-8-iso-PGF2 α were also significantly higher in A+T+N+ patients

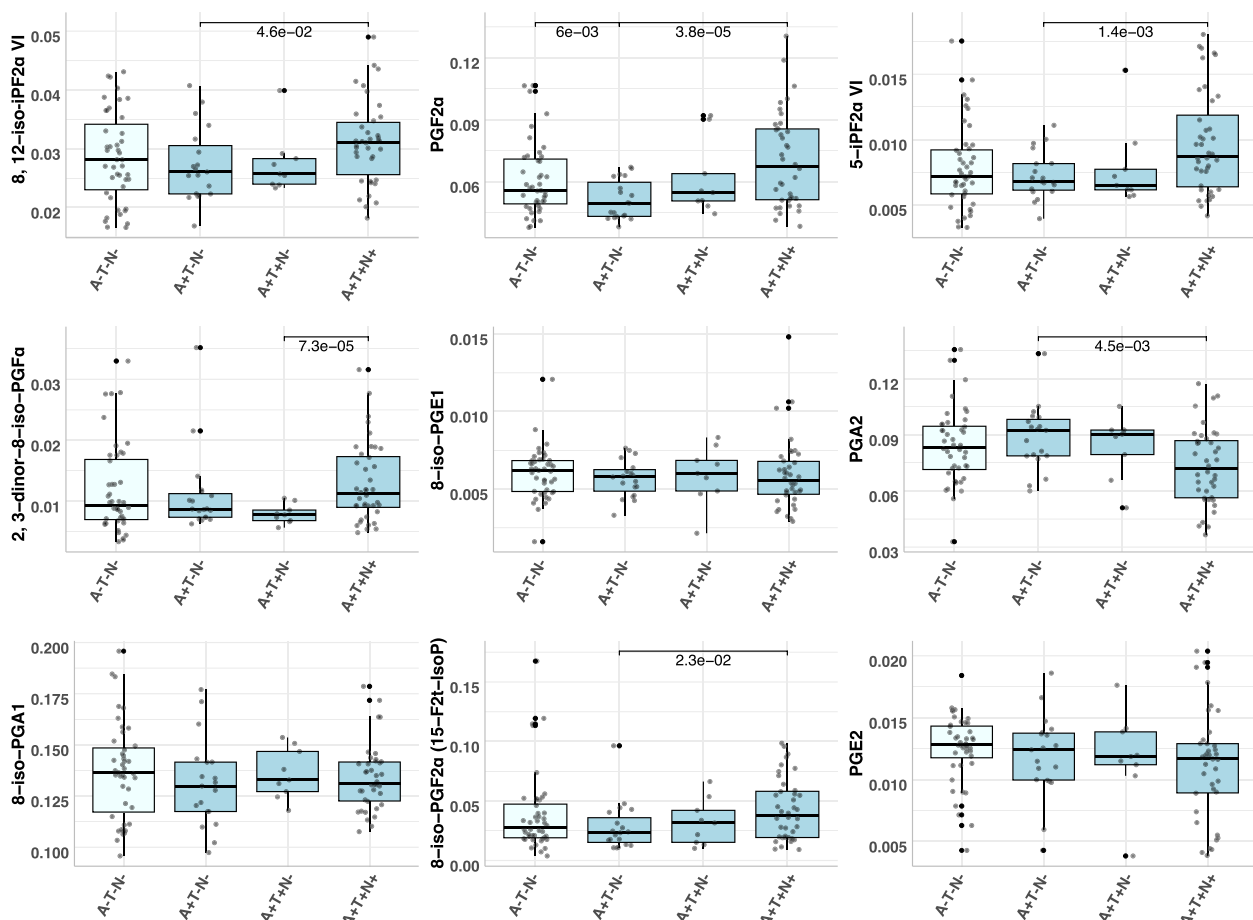


Fig. 2 Boxplots illustrating the concentration differences of metabolites across ATN groups. Each p-value is calculated from a two-tailed t-test assessing the mean differences between groups. P-values are displayed only when they are less than 0.05

compared to A + T + N- patients ($P=7.32 \times 10^{-5}$), which might indicate its high correlation with PGF2 α levels (Supplementary Fig. 2). Furthermore, we observed significantly lower levels of PGA2 in A + T + N+ compared to A + T - N- ($P=4.5 \times 10^{-3}$), and decreased PGF2 α levels in A + T - N- compared to A - T - N- in MCI patients ($P=6 \times 10^{-3}$).

In the replication cohort (Supplementary Table 9 and Fig. 3), PGF2 α demonstrated higher CSF levels in A + T + N+ compared to A + T - N- ($P=1.99 \times 10^{-2}$), similar to the findings from the discovery cohort (Supplementary Table 8). CSF levels of 8, 12-iso-iPF2 α VI were significantly higher in A + T + N- compared to A + T - N- patients ($P=4.36 \times 10^{-4}$). Additionally, 8-iso-PGF2 α (15-F2t-IsoP) showed elevated levels in A + T + N+ MCI patients compared to A + T + N- ($P=1.17 \times 10^{-2}$), and 5-iPF2 α VI levels were increased in A + T + N- compared to A - T - N- categories ($P=3.41 \times 10^{-2}$).

Association of metabolites with ATN biomarkers in APOE stratified analysis

To study the role of APOE genotype on associations of metabolites in CSF with AD pathology biomarkers, APOE stratified analyses were performed (Fig. 3). Of the three metabolites (PGF2 α , 5-iPF2 α VI, 8,12-iso-iPF2 α VI) which showed association with p-tau levels in CSF in the overall analysis (Fig. 3A), PGF2 α showed a positive association with p-tau ($\beta=0.619$, $P=4.0 \times 10^{-4}$) and t-tau ($\beta=0.523$, $P=4.0 \times 10^{-3}$) in only APOE $\epsilon 4$ carriers (Fig. 3C-D). Although the heterogeneity p-value was not significant (APOE $\epsilon 4$ strata: p-tau=0.27, t-tau=0.44), beta values are high in the smaller cohort, indicating the

possibility that association was driven by one cohort. The association of 5-iPF2 α VI with p-tau ($\beta=0.308$, $P=5.0 \times 10^{-3}$) and t-tau ($\beta=0.288$, $P=0.011$) was significant only in APOE $\epsilon 3$ carriers. The isoprostane 8,12-iso-iPF2 α VI showed association with p-tau in both APOE $\epsilon 3$ ($\beta=0.293$, $P=2.0 \times 10^{-3}$) and APOE $\epsilon 4$ carriers ($\beta=0.395$, $P=3.0 \times 10^{-3}$), while with t-tau in only APOE $\epsilon 3$ carriers (APOE $\epsilon 3$: $\beta=0.298$, $P=3.0 \times 10^{-3}$). 8,12-iso-iPF2 α VI showed a negative regression coefficient in association with p-tau and t-tau in APOE $\epsilon 2$ carriers. In the association analysis of the metabolite levels as outcome with APOE genotypes (Supplementary tables 10), we did not observe altered levels of oxidative stress and inflammatory metabolites between APOE $\epsilon 4$ versus APOE $\epsilon 3$ and APOE $\epsilon 2$ versus APOE $\epsilon 3$ as well as APOE $\epsilon 4$ versus APOE $\epsilon 2$.

Role of metabolites in MCI to AD dementia progression

The metabolites were also tested for their association with MCI to AD dementia progression in CSF (Supplementary Table 11) and plasma (Supplementary Table 12). The mean follow-up time in AD progressors was 1.42 years (SD=0.53) and 1.58 years (SD=0.73) in non-AD progressors. In the ACE cohort, 11 MCI patients also progressed to other types of dementia including vascular dementia (n=6), semantic dementia (n=1), Parkinson dementia (n=1), Lewy Body dementia (n=2), and Frontotemporal dementia (n=1). We did not observe significant association of metabolite levels with MCI to AD dementia progression in both models with and without APOE adjustment and in APOE stratified analysis.

Discussion

We observed a significant association of isoprostane 8,12-iso-iPF2 α VI with increased p-tau and t-tau levels in CSF, while an isoprostane (5-iPF2 α VI) and a prostaglandin (PGF2 α) showed significant association with only p-tau levels in the overall analysis. In the sensitivity analysis, association of PGF2 α with both p-tau and total tau levels, and 8,12-iso-iPF2 α VI with p-tau levels was confined to amyloid positive MCI patients. In the APOE stratified analysis, PGF2 α and 5-iPF2 α VI showed significant association with p-tau and t-tau in only APOE $\epsilon 4$ and APOE $\epsilon 3$ carriers, respectively. Whereas 8,12-iso-iPF2 α VI showed association with p-tau and t-tau in both APOE $\epsilon 4$ and APOE $\epsilon 3$ carriers.

Isoprostanes are the products of lipid peroxidation and established markers of oxidative stress [19]. Our findings are in line with earlier studies reporting the association of an isoprostane 8,12-iso-iPF2 α VI with MCI [5] and AD [11] and CSF levels of tau and amyloid in AD patients [10]. The association of 8,12-iso-iPF2 α VI with p-tau and t-tau was observed in both APOE $\epsilon 4$ and

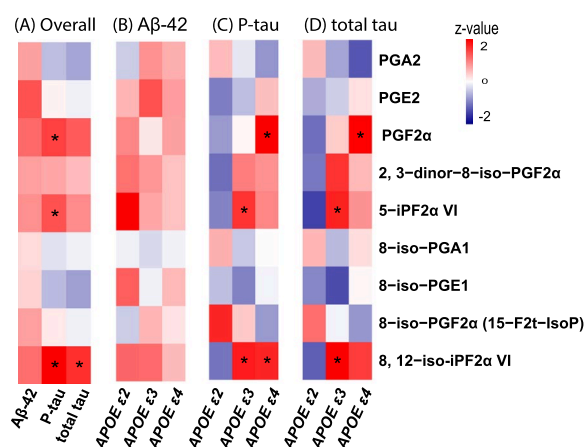


Fig. 3 Heatmap of meta-analysis results from regression analyses of oxidative stress metabolites with A β -42, p-tau, and t-tau levels in Cerebrospinal Fluid (CSF) for the overall sample (A). Stratified association results by APOE for A β -42 (B), p-tau (C), and t-tau (D) are presented. Note: A star (*) indicates a significant association (False Discovery Rate < 0.05)

APOE $\epsilon 3$ carriers suggesting the oxidative stress in AD is not restricted to *APOE* $\epsilon 4$ carriers. The association of 8,12-iso-iPF2 α VI with p-tau levels was observed only in amyloid positive MCI patients. Its increased levels in A+T+N-/ A+T+N+ compared with A+T-N-, altogether support its relevance with amyloid induced tau aggregation and oxidative stress. Multiple studies suggest that oxidative stress enhances the phosphorylation [47] through multiple pathways [48], thus enhancing polymerization of tau as neurofibrillary tangles [49]. Future studies are warranted to understand the complex interplay between oxidative stress metabolites (8,12-iso-iPF2 α VI), amyloid and tau pathology. The isoprostane 5-iPF2 α VI, which is highly correlated with 8,12-iso-iPF2 α VI, also showed significantly higher levels in A+T+N+ compared with A+T-N- in ACE cohort. Considering the CSF levels of p-tau and t-tau as biomarkers of neurodegeneration and AD progression [50], our findings suggest that isoprostanes (8,12-iso-iPF2 α VI, 5-iPF2 α VI) may increase during the prodromal phase of AD development independent of *APOE* $\epsilon 4$. This is still not clear whether oxidative stress is a cause or consequence, however, higher mean levels of isoprostanes in A+T-N- MCI patients compared to A+T-N- cases, may also suggest the oxidative stress an early event in AD pathology [51] which is exacerbated by amyloid. We also observed increased levels of CSF 8-iso-PGF2 α in A+T+N+ compared to A+T-N- ($P=2.3 \times 10^{-2}$) in the ACE cohort and a similar trend among A+T+N+ versus A+T-N- ($P=1.2 \times 10^{-2}$) in the replication cohort. This aligns with the reported elevated levels of 8-iso-PGF2 α in hippocampal neurons of AD patients, and its weak correlation with p-tau (neurofibrillary tangles) levels during advanced AD pathology compared to controls [52].

The difference in association of specific isoprostanes with AD biomarkers between *APOE* $\epsilon 3$ and *APOE* $\epsilon 4$ carriers is aligned with the relationship of *APOE* isoforms with oxidative stress pathways and lipid peroxidation processes [53]. *APOE* $\epsilon 3$ and *APOE* $\epsilon 4$ alleles may influence oxidative stress in distinct manners, leading to different lipid peroxidation profiles of 5-iPF2 α VI and 8,12-iso-iPF2 α VI which are two F2 isoprostane regioisomers. The isoprostane 8,12-iso-iPF2 α VI was associated with p-tau in both *APOE* $\epsilon 3$ and *APOE* $\epsilon 4$ carriers, but with t-tau only in *APOE* $\epsilon 3$ carriers. This indicates that 8,12-iso-iPF2 α VI may be a more general marker of oxidative stress independent of *APOE* $\epsilon 4$. However, the *APOE* $\epsilon 3$ specific association of 8,12-iso-iPF2 α VI with t-tau may also suggest nonspecific nature of total-tau marker in reflecting AD specific neurodegeneration.

Among the nine profiled isoprostanes and prostaglandins, only two were detected in plasma samples of ACE cohort. This may be due to low concentrations of these

metabolites in plasma or their levels falling below our limit of quantitation. We did not observe any association between plasma levels of isoprostane 8,12-iso-iPF2 α VI and 8-iso-PGF2 α with CSF levels of A β -42, p-tau and t-tau, which might be due to lack of correlation ($P=0.37$) between CSF and plasma levels of these specific isoprostanes in our study. This low correlation can be attributed to the low concentration of isoprostanes in plasma along with different clearance mechanisms in blood and CSF. This might also suggest that the origin of the plasma levels of 8,12-iso-iPF2 α VI may be different and do not reflect the AD pathology-specific oxidative stress and lipid peroxidation in the brain. Isoprostanes have been shown to associate with AD when measured in CSF, but their plasma levels did not confirm the findings of CSF [54, 55], suggesting that peripheral oxidative stress may not directly reflect oxidative stress status in the central nervous system. Despite a strong positive correlation of plasma and CSF levels of 8-iso-PGF2 α , we did not observe its association with ATN biomarkers in overall MCI population in linear regression. This discrepancy underscores the complex relationship between peripheral and central biomarker concentrations in AD research. This relationship can be specific to individual metabolites due to distinct biosynthetic pathways of isoprostanes [56]. Therefore, this highlights the need for further research into the mechanisms underlying these differences.

A prostaglandin PGF2 α associates significantly with both p-tau and t-tau in only *APOE* $\epsilon 4$ carriers in overall MCI patients, and in MCI due to AD pathology in non-*APOE* stratified analysis. The *APOE* $\epsilon 4$ not only increases cerebral amyloid pathology, neuroinflammation and tau pathology [57], but also potentiates the impact of amyloid pathology on tau pathology [58]. The association of PGF2 α with phosphorylated tau in amyloid positive MCI patients in linear model, along with significantly higher levels in A+T+N+ compared with A+T-N- supports the role of PGF2 α in neuroinflammation due to amyloid pathology exacerbated tau pathology. PGF2 α is one of the most important prostanoids with wide-ranging functions in inflammation, cardiovascular function, and smooth muscle contraction [21, 59]. PGF2 α is a product of arachidonic acid metabolism which can be generated through enzymatic mediation by cyclooxygenase-2 (COX-2) and Prostaglandin F Synthase (PGFS) or via autooxidation. In the central nervous system, prostamide/prostaglandin F synthase and cannabinoid receptor 1 (CBR1) both involve the production of PGF2 α of which CBR1 is possibly the predominant one [60–62]. Oxidative stress, crucial in AD pathogenesis, has been reported to be associated with increased levels of cytotoxic carbonyl products which consequently induce

elevated level of CBR1 enzyme in the brain [63]. Carbonyls from lipid peroxidation modify tau proteins and result in consequent aggregation of phosphorylated tau [64, 65]. Therefore, this may suggest the mechanistic relationship among phosphorylated tau proteins, carbonyl compounds, PGF2 α production via CBR1 and oxidative stress in *APOE* ϵ 4 stratified analysis. On the other hand, PGF2 α together with F2-series isoprostanes (e.g. 2,3-dinor-8-iso-PGF2 α ; 5-iPF2 α VI; 8,12-iso-iPF2 α VI) showed positive associations with p-tau and t-tau in the *APOE* ϵ 4 group (Fig. 3). This may indicate the potentially active contribution of autooxidation pathway mediated PGF2 α production. Future mechanistic investigations on which pathway is more actively involved in PGF2 α generation should be performed to shed light on the association of prostaglandin/isoprostane generation with *APOE* genotype as well as ATN biomarkers.

In the meta-analysis of overall MCI patients, CSF levels of PGE2 showed associations with A β 42 which did not pass multiple testing (*FDR*<0.05), and therefore needs validation. An additional explanation for the weak association of PGE2 and PGA1 with A β 42, beyond the small sample size, may be the longitudinal stability of A β 42 compared to p-tau and total tau levels [66]. Nonetheless, CSF PGE2 levels along with four other metabolites (PGF2 α , 8,12-iso-iPF2 α VI, and 5-iPF2 α VI) showed significant associations with CSF A β 40 levels in the Mannheim/Heidelberg cohort. The positive correlation between CSF levels of PGE2 and A β may indicate the role of PGE2 levels in amyloid beta production. This observation is supported by multiple studies that the PGE2 receptors suppress the neuroprotective effects of microglia, thereby promoting the neuroinflammation [67, 68] and A β pathology. This aligns with another study which reported increased levels of PGE2 in AD compared to healthy controls [69]. The ATN category analysis showed that in amyloid positive MCI, the PGE2 levels were lower in A+T+N+ compared to A-T-N-, and levels of PGA2 (product of PGE2 dehydration) were significantly lower in A+T+N+ compared to A+T-N- in the ACE cohort (Supplementary Table 8). Similar results were reported in a longitudinal study, where CSF PGE2 levels were decreased in AD compared to MCI patients [15]. Early rise in COX-mediated inflammatory response in dementia may explain the initial surge in CSF PGE2 levels, followed by a decline in PGE2 levels due to neuronal loss [15, 70, 71]. Our observations may suggest that the neuroinflammatory role of increased levels of PGE2 may be more relevant before the neurodegeneration stage. Nevertheless, future longitudinal studies are needed to determine whether the positive correlation of CSF levels of PGE2 and A β 42 is a cause or consequence of amyloid pathology.

One of the major limitations of our study is our limited sample size which challenged our *APOE* stratified analyses. For two study cohorts included in this study, meta-analysis of association of metabolites with AD pathology biomarkers was only available for CSF samples due to the unavailability of plasma samples from Heidelberg/Mannheim memory clinic cohort. Moreover, our study had a short follow-up duration for MCI patients, and the sample size for those progressing from MCI to AD dementia was also limited. Furthermore, recent evidence has revealed the limited prognostic utility of plasma t-tau and has instead proposed the combined additive value by investigating t-tau and neurofilament light (NfL) [72]. In the pursuit of deeper insights into the pathogenesis of AD, future research endeavors should investigate the relationship of oxidative stress/inflammatory metabolites with NfL and neuroimaging phenotypes. Such investigations will provide a more profound understanding of the underlying mechanisms driving Alzheimer's disease pathology. Another limitation is the non-availability of information on A β 42/ A β 40 for ACE cohort which is considered a superior marker compared to A β 42 marker alone.

Conclusions

In our study, we showed the association of CSF levels of inflammatory (prostaglandins) and oxidative stress (Isoprostanes) related metabolites with biomarkers of AD pathology (A β -42, p-tau, t-tau). Robust associations between PGF2 α and 8,12-iso-iPF2 α VI with tau pathology in amyloid positive participants in both cohorts indicate the role of these metabolites in neuroinflammation and oxidative stress specific to AD pathology. Moreover, our study provides insight into the role of *APOE* in influencing the oxidative stress and inflammatory metabolites during the prodromal phase of AD.

Abbreviations

AD	Alzheimer's disease
ATN	Amyloid, Tau, Neurodegeneration
<i>APOE</i>	Apolipoprotein E
MCI	Mild cognitive impairment
CSF	Cerebrospinal fluid
p-tau	Phosphorylated tau
t-tau	Total-tau
A β	Amyloid-beta
UHPLC-MS/MS	Ultra-high-performance liquid chromatography tandem mass spectrometry
ADAPTED	The Alzheimer's Disease Apolipoprotein Pathology for Treatment Elucidation and Development consortium
BMI	Body mass index
ACE	Alzheimer Center Barcelona
FDR	False discovery rate
COX-2	Cyclooxygenase-2
PGFS	Prostaglandin F Synthase

CBR1 Cannabinoid receptor 1
NfL Neurofilament light

Supplementary Information

The online version contains supplementary material available at <https://doi.org/10.1186/s13195-024-01542-4>.

Supplementary Material 1.

Supplementary Material 2.

Acknowledgements

We acknowledge all patients participating in this study from the Ace Alzheimer Center Barcelona and Heidelberg-Mannheim memory clinic. We also want to thank the investigators from the Ace Alzheimer Center Barcelona Treatment and Research Center, for their close collaboration and continuous intellectual input. We are grateful to Laura Montreal for her exceptional technical support.

Authors' contributions

Study concept and design: S.A., A.R., A.R., C.M.D., T.H. Draft of the manuscript: S.A., W.Y. Performed statistical analysis: S.A. Interpretation of data: S.A., W.Y., A.O., L.F., I.R., A.C., M.B., I.H., L.H., A.H., M.H.M.B., A.C., N.A., A.R., A.R., C.M.D., T.H. All authors reviewed and approved the manuscript.

Funding

This study was funded by the ADAPTED: Alzheimer's Disease Apolipoprotein Pathology for Treatment Elucidation and Development consortium which has received funding from the Innovative Medicines Initiative 2 Joint Undertaking under Grant Agreement No 115975. This Joint Undertaking receives support from the European Union's Horizon 2020 research and innovation programme and the European Federation of Pharmaceutical Industries and Associations. Part of this work was supported by the JPND EADB grant (German Federal Ministry of Education and Research, BMBF: 01ED1619A). A. Ruiz received support from the HARPONE project, Agency for Innovation and Entrepreneurship (VLAIO) grant No PR067/21 and Jansen; from the PREADAPT project, Joint Program for Neurodegenerative Diseases (JPND) grant No AC19/00097; from the DESCARTES project, German Research Foundation (DFG); and from Fundación Bancaria "La Caixa", Fundación Echevarne and Grifols S.A. (GR@ACE project). Authors acknowledge the support of the Spanish Ministry of Science and Innovation, Proyectos de Generación de Conocimiento grants PID2021-122473OA-I00, PID2021-123462OB-I00 and PID2019-106625RB-I00. ISCIII, Acción Estratégica en Salud, integrated in the Spanish National R+D+I Plan and financed by ISCIII Subdirección General de Evaluación and the Fondo Europeo de Desarrollo Regional (FEDER "Una manera de hacer Europa") grants PI13/02434, PI16/01861, PI17/01474, PI19/00335, PI19/01240, PI19/01301, PI22/01403, PI22/00258 and the ISCIII national grant PMP22/00022, funded by the European Union (NextGenerationEU).

Availability of data and materials

The data that support the findings of this study are not openly available due to reasons of sensitivity and are available from the corresponding author upon reasonable request. Data are located in controlled access data storage at Leiden University.

Declarations

Ethics approval and consent to participate

Ace Alzheimer Center Barcelona cohort has been approved by the ethic committee of the Hospital Clinic i Provincial de Barcelona in Barcelona, Spain in accordance with Spanish biomedical laws (Law 14/2007, July 3rd, about biomedical research; Royal Decree 1716/2011, November 18th) and followed the recommendations of the Declaration of Helsinki.

Consent for publication

All the samples from the Ace Alzheimer Center Barcelona cohort and the Heidelberg/Mannheim memory clinic have the informed consent of the subjects that have donated them. In the Ace Alzheimer Center Barcelona cohort, these

protocols of consent have been approved previously by Ethic Committee of the Hospital Clinic (HCB/2014/0494, HCB/2016/0571, HCB/2016/0835, HCB/2017/0125 and HCB/2018/0333). The protocols have been designed in agreement with the indications of the Sociedad Española de Neurología according to the current normative for the use of clinical data and biological material and surplus of the assisted process for the biomedicine research of neurodegenerative diseases.

Competing interests

S.A., W.Y., A.O., L.F., I.R., A.C., M.B., I.H., L.H., A.H., N.A., A.R., A.R., C.M.D. and T.H. declared no competing interests. Margot H.M. Bakker is a full-time employee of AbbVie Deutschland GmbH & Co KG and owns AbbVie stock. Alfredo Cabrera-Socorro is full-time employee of Janssen Pharmaceutical NV, Turnhoutseweg 30, 2340 Beerse, Belgium.

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Received: 21 March 2024 Accepted: 22 July 2024

Published online: 30 July 2024

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