

REVIEW ARTICLE

Recent advances in neuroimaging of Alzheimer's disease and related dementias

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Abstract

This review covers recent advances (2023–2024) in neuroimaging research into the pathophysiology, progression, and treatment of Alzheimer's disease (AD) and related dementias (ADRD). Despite the rapid emergence of blood-based biomarkers, neuroimaging continues to be a vital area of research in ADRD. Here, we discuss neuroimaging as a powerful tool to topographically visualize and quantify amyloid, tau, neurodegeneration, inflammation, and vascular disease in the brain. We examine the utility of neuroimaging for (1) tracking the spatiotemporal progression of pathology, (2) serving as the reference standard for validating novel fluid biomarkers, (3) characterizing disease heterogeneity, (4) exploring the role of brain networks in ADRD progression, and (5) evaluating biomarkers for better individualized estimates of treat-

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ment benefit. Finally, we discuss advances in radiotracer development and AD risk factors. By reviewing the most promising breakthroughs in the neuroimaging field, we hope to spark new ideas for future discoveries that will deepen our understanding of ADRD.

KEYWORDS

Alzheimer's disease, amyloid, cerebrospinal fluid biomarker, cerebrovascular disease, clinical trials, co-pathology, connectivity, disease staging and subtyping, heterogeneity, inflammation, neuroimaging, plasma biomarker, positron emission tomography, risk factors, tau

Highlights

- The diagnostic and staging criteria for Alzheimer's disease (AD) were updated in 2024.
- Despite robust harmonization methods for amyloid beta positron emission tomography (PET), parallel efforts for tau PET remain challenging.
- Larger anti-amyloid drug effects were seen at lower levels of amyloid and tau PET.
- Phosphorylated tau217 (p-tau217) is currently the most promising plasma biomarker to detect AD pathology.
- There are new tracer developments for alpha-synuclein, primary tauopathies, and inflammation.

1 | INTRODUCTION

The last few years of research in Alzheimer's disease (AD) have been marked by exciting milestones and discoveries, including newly approved disease-modifying therapies and sensitive blood-based biomarkers. These breakthroughs are finally giving individuals and their families living with AD and related dementias (ADRD) renewed hope and the possibility that previous estimates of the global burden of AD exceeding 150 million by 2050 might be changed.¹ Various neuroimaging techniques have been at the heart of many of these breakthroughs, giving us tremendous insights into the start and spread of core pathophysiological processes as well as downstream neurodegenerative processes. Central to the pathophysiology of AD are amyloid beta (A β) plaques and neurofibrillary tangles (NFTs) of hyperphosphorylated tau aggregates. However, the pathogenesis of AD is multifaceted, involving a complex interplay of co-pathological, genetic, environmental, and lifestyle factors.² Recent advances in neuroimaging and fluid biomarkers, alongside the development of biological staging frameworks, have markedly pushed the field forward to achieve more effective detection, differential diagnosis, and patient stratification for clinical trials. Large-scale multi-site and multi-cohort studies have been particularly instrumental in advancing these efforts, offering new avenues to characterize and treat AD. As we are now making treatment decisions based on neuroimaging data, it is more important than ever to standardize imaging protocols, quantification methods, and positivity thresholds.

This perspective review, drafted in collaboration with the Alzheimer's Association International Society to Advance Alzheimer's Research and Treatment (ISTAART) Neuroimaging Professional Interest Area (PIA) following the Year-In-Review talk at the 2024 Alzheimer's Imaging Consortium, aims to contextualize the current status of human neuroimaging research in relation to the pathophysiology, progression, and treatment of ADRD. The Neuroimaging PIA includes 1693 members from 64 countries, including 15.4% from low- and middle-income countries (LMICs). The review includes published manuscripts from peer-reviewed journals solicited from Neuroimaging PIA members via an online survey request and additional literature review with a prespecified keyword string (Methods S1 in supporting information) and date range (2023–2024) in PubMed. Key themes of our review (Figure 1) include: the role of neuroimaging in characterizing A β and tau within the revised diagnostic & staging framework, imaging findings from clinical trials of disease-modifying therapies, fluid biomarker validation, biological staging and subtyping, connectomics, neuroinflammation and cerebrovascular contributions, novel positron emission tomography (PET) radiotracers, and prominent risk factors. We conclude our review by highlighting key limitations and future needs. Figure 2 illustrates the connections between these key themes, along with the frequency of word occurrences in the included abstracts. Neuroimaging continues to be a cornerstone of ADRD research as it provides essential *in vivo* topographical mapping for neuropathologically defined AD subtypes, fluid biomarker validation, and efficacy estimates of emerging disease-modifying therapies.

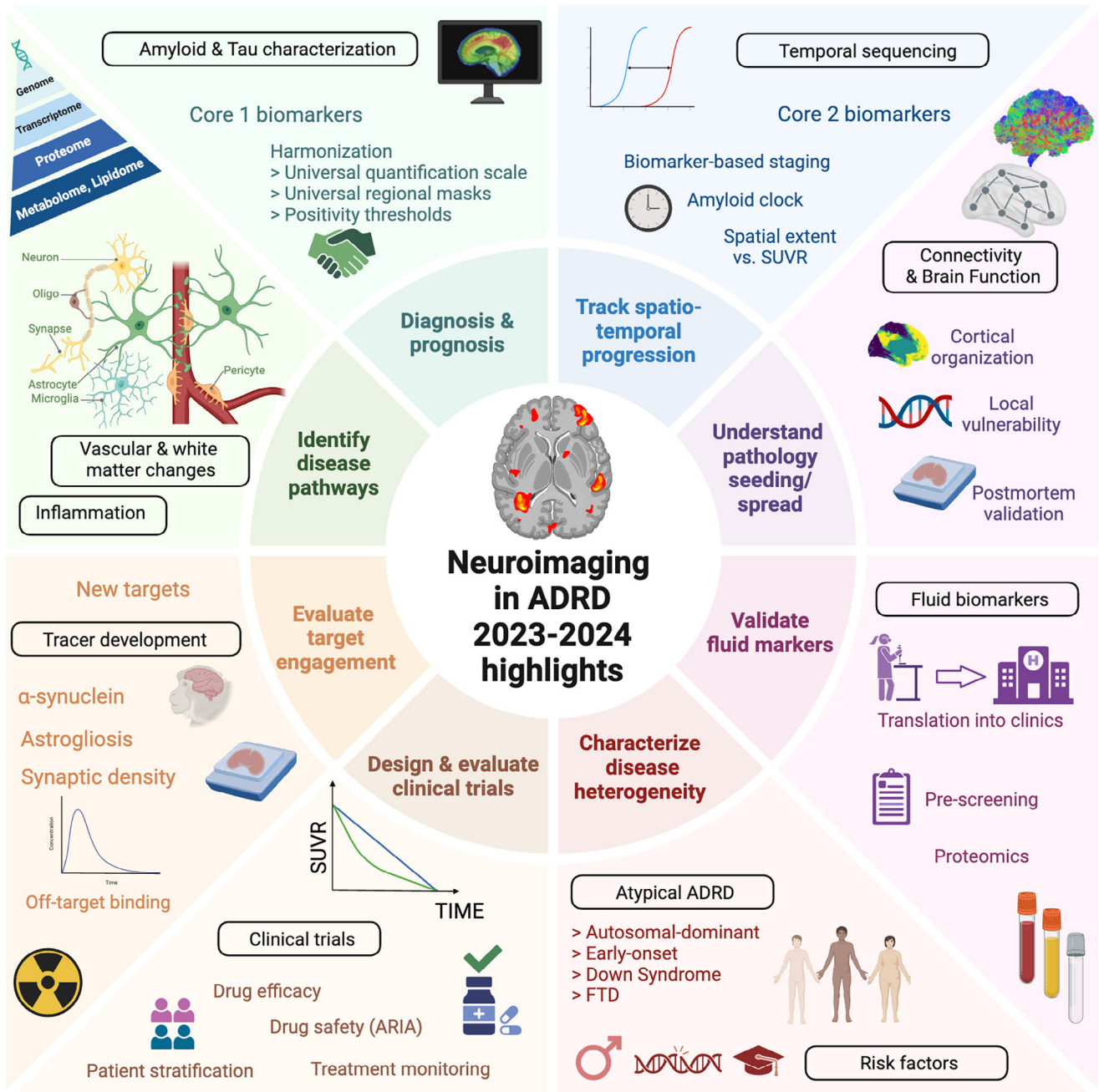


FIGURE 1 Recent highlights (2023–2024) of neuroimaging research in ADRD. Inner circle (colored text) represents the applications of imaging in ADRD research; outer boxes represent the main themes (black text) and subtopics (colored text) discussed in this review. Figure created with BioRender. ADRD, Alzheimer's disease and related dementias; ARIA, amyloid-related imaging abnormality; FTD, frontotemporal dementia; SUVR, standardized uptake value ratio.

2 | AMYLOID AND TAU PET IN DIAGNOSIS AND CLINICAL TRIALS

2.1 | A/T characterization and quantification

The 2024 revised criteria for the diagnosis and biological staging of AD incorporates the latest advances in biomarker research.³ In the 2018 version, the biological stages included amyloid, tau, and neurodegeneration (A/T/(N)); instead, the revised version focuses on

A or T biomarkers to diagnose AD and incorporates recent evidence from tau PET to develop an updated biological staging system. For AD diagnosis, the revised framework requires biomarker evidence of AD pathology from so-called Core 1 biomarkers (A β PET/fluid or phosphorylated tau [p-tau] fluid). For biological staging, the framework now includes four stages from Core 2 biomarkers based on the spatial extent and amount of tau PET (none→ medial-temporal only→ neocortex moderate→ neocortex high), reflecting increasing severity presumed to have prognostic value. The strongest evidence for bio-

2.2 | Imaging in clinical trials

There have also been major advances in clinical trials, wherein outcomes related to A β and tau PET yielded insights into AD pathophysiology and clinical progression. Evidence for the higher efficacy of anti-amyloid therapies before pathology is too advanced comes from the successful TRAILBLAZER-ALZ 2 phase 3 trial testing donanemab in early symptomatic AD patients.²⁰ Participants with low/medium tau PET binding showed greater slowing of clinical progression compared to the combined group that also included high-tau participants.

Solanezumab, an antibody that recognizes monomeric A β , was tested in the Anti-Amyloid Treatment in Asymptomatic Alzheimer's Disease (A4) trial and did not slow cognitive decline nor reduce A β plaques on PET over \approx 4.5 years.²¹ Subsequent analyses of openly available data from A4 and Longitudinal Evaluation of Amyloid Risk and Neurodegeneration (LEARN) clearly showed how elevated baseline A β PET and plasma p-tau217 are strongly related to cognitive decline and clinical progression.²² Stratifying by A β -based tertiles, all groups, even the lowest tertile (< 46.1 Centiloids), showed cognitive decline measured by the Preclinical Alzheimer Cognitive Composite (PACC), with the steepest decline in the highest tertile (> 77.2 Centiloids). This latter group also showed the steepest functional decline, with >50% progressing to a Clinical Dementia Rating (CDR) of \geq 0.5. Similar results were observed when stratifying by p-tau217 instead of A β PET. In a subset of participants with tau PET, cortical uptake in early tau regions was also strongly associated with cognitive decline, providing an additional independent contribution beyond p-tau217. Such results support intervening earlier during preclinical stages of biomarker-defined AD and support the ongoing A3 and A45 sister trials testing lecanemab in cognitively unimpaired elderly individuals with intermediate A β (\approx 20–40 Centiloids) and elevated A β (>40 Centiloids), respectively.²³

Among tau therapies, an antisense oligonucleotide decreasing the synthesis of tau protein (BIIB080) showed reduced tau PET uptake, particularly in the temporal lobe, in a phase 1b trial,²⁴ and a phase 2 trial is currently ongoing in patients with mild symptoms and elevated A β (NCT05399888). A recent anti-tau antibody targeting the mid-region epitope, bepranemab, for the first time showed significantly reduced tau PET binding in prodromal/mild AD after 80 weeks, but this result did not translate to clinical benefit.²⁵ Interestingly, participants with low tau responded better than those with high tau. While preliminary, these results support previous evidence that early intervention (i.e., low/moderate pathology) is crucial for maximizing clinical benefit.

3 | VALIDATION OF FLUID BIOMARKERS WITH IMAGING

Recent fluid biomarker developments, particularly in blood, have revolutionized AD research, with neuroimaging often used as the reference standard for validation and clinical utility comparisons. Plasma p-tau217, or its ratio to the non-phosphorylated form (%p-tau217), has emerged as one of the most promising biomarkers, demonstrating

high A+/- agreement with A β PET (area under the curve >0.9).^{26,27} Remarkably, plasma p-tau217 performs non-inferior to FDA/European Medicines Agency-approved cerebrospinal fluid (CSF) biomarkers that are used in the clinic, with A β and tau PET positive scans as the reference.²⁸ Plasma p-tau217 has also shown utility in primary and secondary care settings²⁹ and across diverse populations from different ethno-racial backgrounds,^{30,31} underscoring its real-world clinical utility. Furthermore, plasma p-tau217 alone or combined with A β 42/40 has shown promise in predicting A β PET accumulation, even in A β -negative individuals.^{32,33}

In addition to detecting A β pathology, plasma p-tau217 can identify tau PET-positive (T+) individuals with a positivity rate of \approx 70%, enabling pre-screening for subsequent tau PET referral in memory clinics³⁴ and clinical trials.³⁵ Despite these advancements, tau PET remains a better predictor of cognitive decline in symptomatic patients,³⁶ although this may be different in earlier stages.^{22,37}

Beyond p-tau217, novel biomarkers are emerging to assess aggregated tau pathology in AD. CSF microtubule-binding region containing residue 243 (MTBR-tau243) has shown the strongest association with tau PET compared to other biomarkers, including p-tau181 and p-tau217.³⁸ Further, MTBR-tau243 exhibited the largest longitudinal increases in PET-derived A+T+ individuals, while p-tau217 plateaued after early increases in A+T- individuals. However, MTBR-tau243 currently requires mass spectrometry for measurement, which raises logistical and cost barriers. Efforts are underway for blood-based testing. Another biomarker, CSF p-tau205, has a high correlation with tau PET³⁹ and a stronger association with tau PET versus A β PET, but a weaker association with tau PET compared to MTBR-tau243 in mass spectrometry studies. Analyses comparing p-tau205 and MTBR-tau243 measured by immunoassays remain unavailable. Additionally, a new blood assay of N-terminal-containing tau fragments (NTA-Tau) has shown correlations with tau-aggregated pathology, cognitive decline, and brain atrophy.^{40,41}

While p-tau217 is currently the most established and accessible plasma AD biomarker, integration of blood-based biomarkers into the clinic remains challenging due to the diverse analytical platforms and the uncertain ability for differential diagnosis in diverse patient populations with varying comorbidities and confounding factors.⁴²

4 | TEMPORAL SEQUENCING, SUBTYPING, AND MACHINE LEARNING APPLICATIONS

With the growing availability of biomarkers and treatments for AD, accurately identifying personalized windows for therapeutic intervention is critical. While traditional longitudinal studies depict a stereotypical progression from A β deposition to cognitive decline, there is substantial variability in both the timing of biomarker positivity and symptom onset. Given the lack of real-world clinical cohorts with longitudinal data spanning a full lifespan, understanding the subject-level progression trajectories requires novel modeling approaches that move beyond traditional methods anchored to chronological age. As such, alternative time axes have been developed. One approach is to

calculate time to an anchoring disease event, such as a clinical symptom or brain A β onset. For example, sampled iterative local approximation (SILA)⁴³ has been applied to construct an “A β clock” relative to A+ onset age estimated from longitudinal PET data. A recent study applying this approach demonstrated that the earliest tau pathology in the entorhinal cortex is detectable within a decade of A+ onset and that tau tends to spread to the neocortex by the 10-year mark.⁴⁴ As such, the first decade after A+ onset appears to be the crucial time window for intervention, when tau is still limited. Another approach for constructing an alternative time axis is to temporally align individuals based on their similarity across multiple biomarkers, as summarized in a recent review.⁴⁵ In this respect, recent studies leveraged advanced statistical and unsupervised machine learning (ML) techniques to identify AD phenotypes (subtypes) and pseudo-temporal biomarker progression (stages), based on cross-sectional brain atrophy,^{46,47} tau,⁴⁸ CSF,⁴⁹ and cognition.⁵⁰ Many of these studies have particularly used the Subtype and Stage Inference (SuStaln) algorithm or relied on deep learning (DL) networks (e.g., conditional variational autoencoder) and/or a clustering method.⁵¹ Estarellas et al.⁵² adapted SuStaln to handle missing data for multi-modal datasets and identified five unique AD subtypes (using magnetic resonance imaging [MRI], PET, CSF, and cognitive tests from ADNI), each of which was associated with distinct biomarker trajectories, cognitive profiles, and risk factors, which in turn may assist with patient stratification in clinical trials and patient management in the clinic.

A recurring finding in the temporal sequence of imaging and fluid biomarker changes is that A β 42/40 is the earliest to show change,^{49,53–55} and it may plateau prior to the development of mild cognitive impairment (MCI).⁵⁵ This early plateau of A β 42/40 suggests that A β 42/40 may be unsuited for monitoring disease progression beyond MCI. P-tau181 and AD non-specific markers such as glial fibrillary acidic protein (GFAP) and neurofilament light chain (NfL),⁵⁵ which are more dynamic post-amyloid onset,⁵⁶ may be better for monitoring progression later in disease. Several longitudinal studies, two of them spanning more than two decades, confirmed that the earliest changes in A β (fluid then PET) were followed by tau and neurodegeneration,^{53,54,57} and with the earliest decline in cognition at 0.2 years after A+ onset.⁵⁷ Regarding early AD changes, a recent method aiming at estimating tau-related processes in small structures indicated that changes in an MRI-based proxy of locus coeruleus integrity even preceded changes in tau PET uptake in the MTL.⁵⁸

Neuroimaging-based ML/DL models are increasingly pivotal in advancing ADRD research, offering novel tools for diagnosis, prognosis, risk assessment, and biomarker discovery. In recent studies, ML specifically has been applied to neuroimaging and fluid biomarkers for patient subtyping, early detection, predicting disease progression, and synthesizing clinically inaccessible imaging modalities. Besides the use of SuStaln, previous work has investigated the neuroanatomical heterogeneity of AD using a semi-supervised DL-based generative adversarial network (GAN). Their findings identified two continuous latent dimensions of brain atrophy: “diffuse-AD” and “MTL-AD.”⁵⁹ These dimensions were associated with various pathological mechanisms beyond the sporadic AD genetic risk factor apolipoprotein E

(APOE) ϵ 4, including inflammation, cardiovascular diseases, and hormonal dysfunction, suggesting potential systemic involvement even in the early asymptomatic stages. Another study⁶⁰ focused on the heterogeneity of tau PET patterns in particular and created an ML-based summary measure, called the Tau Heterogeneity Evaluation in Alzheimer's Disease (THETA) score, to identify tau PET positivity in AD. Subsequent validations showed that THETA was associated with Braak staging similar to the traditional meta-ROIs but mapped better onto clinical diagnostic and cognitive indices.

DL was leveraged to predict PET-determined ATN status directly from MRI scans and readily available clinical data, identifying key temporal, parietal, frontal, and occipital cortical regions on MRI, along with age, cognitive scores (Alzheimer's Disease Assessment Scale 13-item subscale and Mini-Mental State Examination [MMSE]), hippocampal volumes, and APOE status as important predictive features (areas under the receiver operating characteristic curve [AUC] of 0.79 for A, 0.73 for T, and 0.86 for N status).⁶¹ Similarly, Cai et al.⁶² demonstrated that the MRI-based Alzheimer's disease resemblance atrophy index (AD-RAI), an ML-derived marker, outperformed plasma NfL and traditional hippocampal measures in predicting a 4-year cognitive decline risk of A+T+ cognitively unimpaired or MCI subjects, particularly when combined with plasma p-tau181, APOE ϵ 4 genotype, and clinical features (age, sex, education, and baseline Montreal Cognitive Assessment; AUC of 0.83 for cognitively unimpaired and 0.85 for MCI). Complementing these approaches, Lee et al.⁶³ developed a convolutional neural network (CNN) to synthesize tau PET images from more widely available imaging modalities (T1-weighted MRI, fluorodeoxyglucose [FDG] PET, or A β PET), with FDG-based models showing significantly improved classification of T+ and diagnostic groups compared to the original input data. Artificial intelligence-imputed (synthetic) tau PET may extend the clinical value of existing scans and reduce reliance on costly or less accessible imaging.

Despite the promise of ML on standardized research datasets like ADNI, MRI-based ML models for dementia detection were found to perform considerably lower on real-life clinical data from hospital settings.⁶⁴ This performance drop was largely attributed to classifiers being heavily biased by irrelevant characteristics such as image quality or contrast agent use, a phenomenon termed shortcut learning, which underscores the challenge of translating these models to clinical practice and the need for robust validation and bias mitigation. Future work should therefore prioritize developing unbiased models, effective image homogenization techniques, and integrating multimodal data to enhance the generalizability of these algorithms to real-world data. Additionally, model validation in larger, out-of-distribution (unseen), and more diverse cohorts, including underrepresented ethnic groups, is essential for developing clinically relevant and scalable imaging-derived models.

5 | BRAIN FUNCTION AND CONNECTOMICS

The brain's network, or connectome, may be a promising therapeutic target biomarker in ADRD. Specifically, neuromodulation or

stimulation interventions that target brain networks could prove useful as adjuvant therapies in reducing early-stage hyperactivity as well as blocking tau seeding or progression (or cell-to-cell transmission) along the brain networks. Recent studies have reinforced the critical role of functional connectivity in AD pathological progression. Functional connectivity is a measure of between-region synchronicity that can be derived from functional imaging techniques, including magnetoencephalography (MEG) and functional MRI (fMRI). fMRI studies in cognitively unimpaired individuals consistently showed increased fMRI blood oxygenation level-dependent signal ("hyperactivity") in the MTL together with greater tau PET signal (see review in Corriveau-Lecavalier et al.⁶⁵). Using a task-based fMRI paradigm to simulate a shift toward excitatory/inhibitory imbalance, it was shown that MTL hyperexcitability in A+ individuals was linked to hyperexcitability of the default mode network (DMN), and that the degree of MTL hyperexcitation by the DMN was further associated with MTL tau PET accumulation.⁶⁶ Early tau deposition in the MTL in preclinical stages was also associated with high-frequency neurophysiological activity (via task-free MEG), shifting it toward slower waves, a process linked to later neurodegeneration and cognitive decline.⁶⁷ Collectively, these works suggest that neuronal hyperactivity, potentially driven by A β -mediated excitatory–inhibitory imbalances, may be a key link between early A β deposition in the DMN and subsequent neocortical tau accumulation.

Regional susceptibility has also emerged as a putative factor influencing tau seeding and spread. For example, integrating functional connectivity with A β PET and *MAPT* gene expression increased the proportion of explained variance in tau PET binding potential compared to using either fMRI, A β PET or *MAPT* expression alone.⁶⁸ This notion of regional vulnerability was further supported by Ottoy et al.,⁶⁹ demonstrating that pathologic tau tends to accumulate in regions that have more similar brain-wide functional connectivity patterns (referred to as "functional connectome gradient"), particularly regions within the higher-order transmodal cortex. The observed contraction of this functional gradient in symptomatic AD likely reflected a dedifferentiation of the functional networks, which in turn correlated to cognitive decline. Beyond functional connectivity, the study also highlighted how tau PET patterns were shaped by structural brain organization (via tractography) and by microglial reactivity (via translocator protein [TSPO] PET, see section 7) in a disease stage-dependent manner, following a posterior-to-anterior pattern. Together, it is likely that structural-axonal pathways, (hyper-)synchronicity, and intrinsic local vulnerability influence A β -related tau seeding/spreading in a disease stage- and region-dependent manner; a recent overview of connectome-based modeling in AD was published by Vogel et al.⁷⁰

6 | CEREBROVASCULAR DISEASE AND MICROSTRUCTURAL INJURY

Cerebrovascular and AD pathology frequently co-occur, with bidirectional effects that can accelerate cognitive decline and contribute to mixed dementia phenotypes. Vascular brain lesions visible on MRI,

specifically infarcts and white matter hyperintensities (WMHs), are now included as biomarkers of non-AD co-pathology in the revised criteria of AD.³ However, these lesions merely capture end-stage results of diverse biological processes, involving both AD-specific and vascular origins, with cardiovascular risk factors alone accounting for < 15% of the variance in WMHs.⁷¹ Thus, there is a need to decipher region- and stage-specific markers of vascular pathology in AD.

Potential AD-specific mechanisms of vascular pathology encompass A β (parenchymal and/or cerebral amyloid angiopathy [CAA]), tau, tau-related neurodegeneration, and inflammation, all of which can be studied in vivo with imaging and fluid biomarkers. For instance, CSF or PET measures of A β have been associated with (posterior-dominant) WMHs both cross-sectionally^{72,73} and longitudinally,^{74,75} supporting an additive or synergistic AD-driven pathway toward lesion formation.

Beyond direct associations, synergistic interactions between A β and vascular imaging have also been documented, impacting subsequent tau, atrophy, and cognitive changes. In cognitively unimpaired individuals, neocortical A β PET and lobar microbleeds synergistically interacted on trajectories of temporal tau PET accumulation.⁷⁶ Also in cognitively unimpaired individuals but in relation to cognition, neocortical A β PET interacted with white matter injury to accelerate PACC decline over time,⁷⁷ while no interaction effect was observed on baseline PACC.⁷⁸ These studies suggest that vascular (V) mechanisms are already at play in the preclinical stage. In contrast to the findings in the early disease stage, two independent studies in combined unimpaired and impaired A+ cohorts indicated cerebrovascular burden did not further exacerbate cognitive decline, with similar MMSE decline observed in both A+V– and A+V+.^{79,80} This suggests that, during clinical stages, cognition is primarily impacted by the AD pathology. Nevertheless, WMH progression and cortical thinning have demonstrated a mutually reinforcing (rather than parallel) relationship across the AD spectrum,^{81,82} and cognition may be impacted by WMHs indirectly through cortical atrophy.⁷³ This suggests that multiple pathways contribute to the neurodegeneration and cognitive decline observed in AD.

Microstructural changes such as free water and mean diffusivity, assessed via diffusion-weighted MRI (dMRI), can precede MRI-visible lesions, offering a potential early and predictive marker for disease progression. Even when A β PET was still negative, greater free-water levels were observed in the temporo-occipital tracts of individuals with abnormal plasma A β 42/40.⁸³ Both free water and mean diffusivity exhibited early increases in the temporo-parietal regions of A+T– individuals.^{84,85} Both metrics were also positively associated with plasma GFAP, possibly indicating an astrocytic response around damaged gray and white matter tissue.^{83,84} The entorhinal cortex was found to show the earliest microstructural abnormalities, with lower neurite density in APOE ϵ 4 presymptomatic individuals.⁸⁶ Accordingly, cortical mean diffusivity interacted with A β to accelerate tau PET in the entorhinal cortex.⁸⁷ A recent ex vivo high-field (11.7T) dMRI and tractography study of *post mortem* AD tissue confirmed that microstructural damage via fractional anisotropy emerges early in the entorhinal–hippocampal pathway.⁸⁸ Importantly, free water, mean diffusivity, and fractional anisotropy are all non-specific markers of microstructural changes. More advanced multi-compartment dMRI

models, such as neurite orientation dispersion and density imaging (NODDI), combined with A and T biomarker status, hold promise for further enhancing diagnostic prediction accuracy.⁸⁹

ML-based methods applied to brain MRI scans can also provide a scalable and more precise approach to predicting vascular lesions. For example, recent DL-based tools have been applied on brain MRI scans in clinical populations to automatically derive the radiographic severity of A β -related imaging abnormalities (ARIAs)⁹⁰ or to more robustly segment WMHs from heterogeneous populations with varying degrees of cerebrovascular disease.⁹¹

7 | BIOMARKERS REFLECTING INFLAMMATORY PROCESSES

Brain inflammation is increasingly recognized as an early feature in AD, with microglia and astrocytes as key cellular mediators. Neuroimaging has been instrumental in establishing this early role, particularly through observed correlations between inflammatory markers and A β PET signal, suggesting a positive feedback loop between the two. Accordingly, inflammatory biomarkers can help to advance our understanding of AD progression, identify new targets for immunomodulation, as well as evaluate response to clinical trials. Radiotracers and ongoing clinical trials targeting brain inflammation in AD were recently summarized.⁹²

PET imaging of the 18 kDa TSPO remains the most widely used in vivo technique for mapping the spatiotemporal distribution of reactive microglia across the AD continuum. Recent reviews highlighted the advancements in the development and application of TSPO PET in ADRD research.^{93,94} In the largest TSPO PET meta-analysis to date, conducted across 11 distinct neurological and neuropsychiatric disease categories, AD exhibited the most pronounced cortical TSPO PET increases compared to controls.⁹⁵ Notably, TSPO PET correlated with tau PET more so than with A β PET, both in primary and secondary tauopathies and early-onset AD (EOAD).^{96–98} The weaker TSPO–tau association within early Braak stages, however, may reflect an atrophy⁹⁷ or APOE-dependent effect,⁹⁹ with APOE ϵ 4 carriers exhibiting higher TSPO PET in the MTL, irrespective of global A β burden, that further worsened tau PET in this region. Importantly, the TSPO PET signal is intrinsically complex, with factors related to cell state, disease stage, and brain region all playing a role.⁹⁴ Additionally, the genetic variability in microglial responses to A β deposition affects the disease onset and progression. Further complicating its interpretation, a cross-species study suggested that TSPO PET may not reflect a phagocytic microglial phenotype (“activation state”) per se but rather the density or recruitment of TSPO-expressing cells in human AD.¹⁰⁰ However, these authors also identified a weak association between human TSPO and CD68 expression (a marker reflective of reactive phagocytic microglia), in line with the TSPO–CD68 correlation noted in another neuropathology study.¹⁰¹ This points to TSPO being related to a phagocytic profile of microglia in AD. A promising complementary technique to increase both the cell type and state specificity may be circulating microglial extracellular vesicles and their cargo as blood-

based biomarkers. Apart from microglia, TSPO expression has also been detected in endothelial cells but was not detected in astrocytes or perivascular macrophages in a recent study,¹⁰¹ a finding that remains controversial within the current body of literature.

Current PET radiotracers for quantification of reactive astroglia primarily target monoamine oxidase-B (MAO-B;¹⁰² see section 8). For example, [¹¹C]D2-deprenyl (DED) PET was elevated in temporo-occipital areas in presymptomatic autosomal-dominant AD (ADAD) mutation carriers and MCI A+.¹⁰³ Similarly, [¹⁸F]SMBT-1 PET was already elevated in parieto-occipital areas in presymptomatic sporadic AD.¹⁰⁴ These studies suggest early astrogliosis as A β levels rise.¹⁰² Regional vulnerability may stem from local disruptions in astrocytic clearance mechanisms, including impaired aquaporin-4 function, potentially exacerbating AD pathology regionally.¹⁰⁵ Interestingly, in ADAD mutation carriers relative to non-carriers, the between-group differences in [¹¹C]DED PET followed opposite trajectories from plasma GFAP, another marker of astrogliosis. Specifically, plasma GFAP started to increase above the mean non-carrier level after [¹¹C]DED started to decline, and GFAP peaked close to symptom onset while [¹¹C]DED peaked in the very early presymptomatic stage. This suggests that GFAP being released from astrocytes is detected later temporally compared to detection of MAO-B overexpressing astrocytes.¹⁰³ PET versus fluid markers may thus represent distinct states or subtypes of astrogliosis, as not all GFAP+ astrocytes overexpress MAO-B. Other studies have also presented significant associations between fluid glial activation markers (i.e., GFAP, sTREM2, YKL-40) and brain structure and function that may flip direction depending on the disease stage.^{84,106}

8 | ADRD PET TRACERS BEYOND A β , TAU, AND TSPO

Beyond A β and tau PET in AD, there remains great interest in developing and characterizing PET tracers for other brain proteinopathies and targets associated with neurodegenerative diseases such as TAR DNA-binding protein 43 (TDP-43), alpha-synuclein, non-AD primary tauopathies, synaptic density, and brain inflammation beyond TSPO. For PET tracers to be viable for brain imaging, they need to (1) be able to cross the blood–brain barrier (e.g., peak standardized uptake value [SUV] > 1), (2) be devoid of brain-penetrant radiometabolites, (3) show high affinity (low nanomolar range) and high selectivity to their designated brain target over other central nervous system targets, (4) have a sufficiently fast kinetic profile including peripheral metabolism, and (5) have relatively low non-specific binding. In addition, tracers can ideally be quantified with reference tissue methods and can be radiolabeled with F-18 to improve tracer distribution over shorter lived radioisotopes that require an on-site cyclotron. Developing PET tracers for proteinopathies like TDP-43 and alpha-synuclein is particularly challenging because the density of these protein aggregates is considerably lower than A β or AD tau pathology.

Several candidate ligands (e.g., [¹⁸F]ACI-12589, [¹⁸F]C05-05, and [¹⁸F]F0502B) targeting synucleinopathy showed promise in preclinical

cal models and in vitro studies but have been less optimal in initial human studies. For example, ACI-12589 showed increased midbrain binding in patients with multiple system atrophy (MSA), but not dementia with Lewy bodies (DLB) nor Parkinson's disease (PD).¹⁰⁷ C05-05 showed elevated binding in PD/DLB but also exhibited elevated binding in healthy controls, potentially limiting its diagnostic utility.¹⁰⁸ F0502B appeared selective to synucleinopathy fibrils over other brain targets in vitro and showed differences in binding in rhesus macaque alpha-synuclein models compared to controls despite somewhat low brain uptake (SUV \approx 1), but is yet to be tested in humans.¹⁰⁹ In addition, several other studies have identified and tested lead compounds for alpha-synuclein PET in preclinical and in vitro studies, with most of these suffering from slow metabolism, poor selectivity, and/or showing similar selectivity to MSA versus DLB or PD alpha-synuclein aggregates.¹¹⁰⁻¹¹⁴ Overall, these studies suggest that current alpha-synuclein tracers may have some limited utility for MSA but likely not for detecting Lewy body pathology observed in PD or DLB.

Most currently available tau PET tracers bind with high affinity to AD-type tau aggregates, but there remains a need to develop tau tracers that are sensitive and selective to primary tauopathies observed in other neurodegenerative diseases. Primary tauopathies are prominent features of several neurodegenerative diseases, such as progressive supranuclear palsy (PSP) and corticobasal degeneration (CBD), primarily comprised of 4R tau, and Pick's disease with aggregates primarily comprised of 3R tau. These tau aggregates differ structurally from each other and those observed in mixed 3R/4R AD tauopathy, which likely affects the accessibility of tau tracer binding sites. Two recent studies using [¹⁸F]florzolotau (aka [¹⁸F]PM-PBB3) demonstrated group differences between healthy controls and CBD and PSP patients in subcortical structures but also observed considerably higher binding in A+ AD patients.^{115,116} A [¹⁸F]PI-2620 study showed high accuracy and high inter-rater reliability for AD versus controls and suggested using earlier 20 to 40 minute frames with intensity scaling improved inter-rater reliability and discrimination of PSP and CBD from controls.¹⁵ In a separate study, [¹⁸F]OXD-2314 demonstrated nanomolar affinity to AD, PSP, CBD, and Pick's disease brain tissue, with \approx 10-fold higher affinity in CBD and Pick's disease tissues compared to [¹⁸F]PI-2620 and [¹⁸F]florzolotau.¹¹⁷ OXD-2314 also showed brain uptake (peak SUV \approx 2.4) and fast washout in rats and suggested \approx 1.5 to 2.5 times higher target density in AD frontal cortex compared to PSP, CBD, and Pick's disease. These studies highlight the challenges in developing selective primary tauopathy tracers, and it is likely that future iterations of these tracers will be needed to overcome the relatively low target density of 3R and 4R tauopathies compared to AD.

Reactive astrocytes overexpress MAO-B, positioning MAO-B as a potential target for non-invasive, in vivo imaging of astrogliosis. Relatively recent discoveries of [¹⁸F]SMBT-1, a reversibly bound MAO-B PET tracer, and [¹¹C]BU99008 targeting imidazoline-2 binding sites (I₂BS) on astrocytes, have spurred research characterizing the nuances of reactive astrogliosis. Recent in vitro binding and autoradiographic examination of cognitively normal and AD tissue demonstrated that SMBT-1 and L-deprenyl bind to similar binding sites but that BU99008 likely binds to additional sites, with SMBT-1 (at high concentrations

of 1 μ M) displacing >90% of L-deprenyl binding but only \approx 50% of BU99008 binding.¹¹⁸ These differences in binding profiles may reflect the complex changes of reactive astrocytes and support a multi-tracer approach to characterize astrocytic changes in neurodegenerative diseases. MAO-B as a target for reactive astrogliosis in AD and other neurodegenerative diseases is further supported by recent detailed pathologic characterization of MAO-B in relation to other brain pathology in human brain tissue¹¹⁹ and in preclinical mouse models (5XFAD, rTg4510).¹²⁰

Beyond brain inflammation, synaptic dysfunction/loss is an important pathological feature of AD. However, the impact of AD on brain synapse diversity remains poorly understood.¹²¹ Synaptic vesicle protein 2A (SV2A), a ubiquitously expressed synaptic vesicle membrane protein, represents a putative marker of synaptic density, though earlier human SV2A studies in AD have yielded mixed findings. One study comparing control and AD brain tissue indicated minimal differences in UCB-J binding (SV2A) in neocortical brain regions except for the middle frontal gyrus, which was lower in AD.¹²² A separate in vitro study using cellular and subcellular fractions from human tissue recapitulated the high specificity of UCB-J for SV2A in brain homogenates but also suggested possible off-target binding of UCB-J to p-tau species, though it remains unclear to what extent tau phosphorylation may impact in vivo UCB-J binding.¹²³ Another study with detailed pathologic characterization of SV2A density in several brain regions and neurodegenerative diseases showed reductions in SV2A density for disease versus controls for all regions evaluated, and some disease- and region-specific reductions in SV2A density.¹²⁴ These studies demonstrate the complex nature of SV2A as a biomarker of synaptic density and inform the ability of SV2A as a target and current SV2A tracers to quantify synaptic density in vivo with PET imaging.

9 | IMAGING BIOMARKERS IN ATYPICAL FORMS OF AD/DR

9.1 | EOAD and ADAD

The young onset of pathobiological changes in individuals with EOAD reduces the confounding effects of age-related changes, thus allowing for a more direct association between pathology and known AD biomarkers.^{2,125} The Longitudinal Early-Onset Alzheimer's Disease Study (LEADS) cohort in sporadic EOAD¹²⁶ developed a novel atrophy signature involving the inferior parietal, precuneus, posterior cingulate, and caudal lateral temporal cortices. In addition to greater posterior temporo-parietal atrophy, A+ EOAD patients in LEADS showed greater tau PET signal in a parietal-predominant pattern¹²⁷ associated with female sex and younger age of onset.^{127,128} Seventy-two percent of clinical EOAD were A+T+ based on PET, while 25% did not show biomarker evidence for underlying AD, warranting further study.¹²⁷

Cerebrovascular-related pathologies also show distinct patterns in the LEADS cohort. They have higher WMH burden relative to early-onset non-AD and controls,¹²⁹ in line with a previous study in ADAD that showed elevated parietal and occipital WMHs as early as 22 years

before estimated disease onset.¹³⁰ This greater burden of WMHs was associated with elevated meta-ROI tau PET but not with neocortical A β PET, after adjustment for clinical diagnosis.¹²⁹ Mechanistically, it has been suggested that WMHs in EOAD are potential reflections of genotypic variability¹³¹ or CAA progression. With regard to the latter hypothesis, microbleeds (a late-stage imaging marker linked to probable CAA) only weakly mediated the relationship between AD mutation carriership and WMH.¹³² Other mechanisms that link WMH to AD at the level of the neurovascular unit are currently being explored, including angiogenesis, inflammation, blood–brain barrier breakdown, and clearance. For example, a recent study pointed at impaired perivascular clearance and glymphatic dysfunction in EOAD using a diffusion tensor imaging-based approach along the perivascular space (DTI-ALPS).¹³³ Notably, brain atrophy mediated the relationship between lower DTI-ALPS and cognitive dysfunction both in EOAD and late-onset AD,^{133,134} suggesting a protective role of the glymphatic system on cognition indirectly through the preservation of gray matter integrity.

9.2 | Down syndrome

Individuals with Down syndrome (DS) typically develop AD neuropathological changes before the age of 40, primarily due to trisomy 21, which results in the triplication of amyloid precursor protein production and subsequent overproduction of A β fibrils, similar to genetic forms of AD. Neuroimaging studies revealed a younger onset of AD pathology in DS compared to ADAD.¹³⁵ The younger onset of AD in DS may be, in part, explained by higher levels of tau prions with older age at death (a pattern opposite to that seen in AD patients), suggesting a more aggressive form of tau seeds in DS.¹³⁶ The regions most prominently affected on tau PET in DS are subcortical and MTL regions, compared to the precuneus, fusiform gyrus, and other MTL regions in ADAD.¹³⁵ Interestingly, DS individuals exhibited delayed global A β accumulation relative to presenilin-1 ADAD carriers¹³⁷ but the magnitude of tau PET for a given level of A β PET was higher.¹³⁵ This compression of A β and tau buildup at nearly the same time in DS was also supported by the longitudinal findings from Lao et al.¹³⁸ Here, the earliest age-associated changes in DS corresponded to vascular changes (MRI-visible perivascular spaces and infarcts) at age 31, followed by global A β PET, early Braak stage tau PET, and frontoparietal WMH increases at age 35, and later Braak stage tau at age 37. Together, these findings reveal an accelerated disease course in DS relative to ADAD despite their overlapping genetic risks, likely further influenced by DS-specific comorbidities such as oxidative stress, metabolic dysregulation, and inflammation.¹³⁵

Despite a low incidence of systemic vascular risk factors in DS, neuroimaging studies have identified changes in cerebrovascular-related pathology. WMHs appeared a decade before symptom onset¹³⁹ and are directly and indirectly associated with p-tau217 levels through astroglial reactivity (GFAP).¹⁴⁰ This astroglial reactivity, in turn, promoted tauopathy in presymptomatic stages of AD-DS pathology.¹⁴⁰ Another marker of cerebrovascular pathology, cortical microinfarcts,

displayed a parietal-dominant posterior pattern in DS dementia with a prevalence of \approx 12%, which is comparable to sporadic AD but notably higher than controls.¹⁴¹ Given the overall lesser involvement of vascular risk factors in AD-DS, the comparable microinfarct rates between DS dementia and sporadic AD may suggest a role for non-hemorrhagic CAA contribution in AD-DS.¹⁴¹ Together, these findings underscore the critical role of cerebrovascular pathology in clinical trial design for this population.

9.3 | Variants of atypical AD and frontotemporal dementia

Atypical clinical phenotypes, accounting for 6% to 14% of all AD cases,¹⁴² present distinct imaging features that distinguish them from typical AD, as discussed in a recent review.¹⁴³ For example, primary progressive aphasia (PPA) presented with greater impairment in emotion processing than typical AD, which was linked to frontal and temporal atrophy in the non-fluent and logopenic variants of PPA, respectively.¹⁴⁴ Another atypical AD variant, that is, posterior cortical atrophy (PCA), demonstrated slower rates of tau PET accumulation in the right temporoparietal and occipital regions compared to logopenic variant PPA.¹⁴⁵ Vascular contributions to PCA variants were also distinct relative to typical AD, with lower frequencies of lobar microbleeds in PCA.¹⁴⁶ Regional inflammation further distinguished PCA from AD, with elevated parietal GFAP and activated myeloid cells (MHC-II) in the fusiform gyrus in PCA, contrasting hippocampal-dominant MHC-II and complement factor (CD68) in AD.¹⁴⁷

Among frontotemporal dementia (FTD) variants, Planche et al.¹⁴⁸ observed a “radiological” prodromal phase of 8 to 10 years, with amygdalar and striatal atrophy consistently preceding degeneration of the more typical language and behavioral networks. In behavioral variant FTD (bvFTD), a novel MRI-based atrophy signature spanned large-scale prefrontal and temporal networks, extending well beyond the traditionally proposed salience network.¹⁴⁹ The left anterior insula and supplementary motor area are known disease epicenters in bvFTD and non-fluent variant PPA, respectively, and exhibited widespread decreased functional connections to bilateral cortical regions.¹⁴⁹ These studies suggest alterations of multiple large-scale networks at play in FTD. Future work should investigate the relationship between connectivity and abnormal protein spread among atypical AD and FTD subtypes. Moving forward, the use of AD biomarkers, together with better recognition of atypical and FTD phenotypes, can refine differential diagnostic accuracy and better guide individual treatment.¹⁴³

10 | RISK FACTORS

10.1 | Sex

Females are disproportionately affected by dementia-related disease burden in terms of disability-adjusted life years globally.¹⁵⁰ Susceptibility to AD-related pathology also differs by sex, with A+ females

showing higher CSF p-tau181 concentrations and faster NFT accumulation in AD signature regions compared to males.¹⁵¹ Notably, the relationship between greater CSF p-tau181 and A β PET was modulated by female sex, a three-way interaction that predicted faster tau-PET accumulation across all Braak regions at 2-year follow-up.¹⁵¹ The sex differences in tau PET were not attributed to off-target extracerebral retention or partial volume effects.¹⁵² In preclinical AD, greater meta-temporal tau PET was related to lower cognition (PACC score) in females but not males.¹⁵³ Consequently, tau mediates female-specific cognitive decline in AD—an observation linked to several tau-interacting X-linked escapee genes, such as *USP11*, which drives tau acetylation, impeding its degradation.¹⁵⁴ Other studies have tied the higher tau burden in A+ females to earlier age-at-menopause and late initiation of hormone therapy.¹⁵⁵ Another theory poses a female-driven vascular pathway in AD, with females showing greater burdens of WMH⁷⁴ and MRI-visible perivascular spaces¹⁵⁶ with stronger negative impacts on cognition.¹⁵⁷ These results emphasize the necessity of using sex-stratified analyses and provide important prognostic insights into AD pathophysiology based on sex.

There are also critical sex-specific divergences in brain inflammatory processes, including microglia responses. In parallel with prior studies noting greater TSPO PET in healthy females,¹⁵⁸ A β plaque-independent TSPO PET uptake was associated with higher Braak II tau PET uptake exclusively in females.¹⁵⁹ Mechanistically, crosstalk between peripheral and central immune cells may contribute to tauopathy differently between sexes, as interleukin 17–signaling neutrophils were shown to interact with microglia to suppress their response to pathology, particularly in female APOE ϵ 4 carriers.¹⁶⁰ These findings highlight the role of sex-moderated inflammation and potential complexities of immunomodulation in AD.

10.2 | APOE

Among the growing number of identified genetic risk factors, APOE ϵ 4 remains the strongest and most prevalent in sporadic AD. A recent study in > 7000 predominantly White individuals with A β PET (included datasets: ADNI, A4, Alzheimer's and Families [ALFA], Wisconsin Registry for Alzheimer's Prevention [WRAP], Open Access Series of Imaging Studies [OASIS-3]) and 1000 individuals with *post mortem* data (dataset: National Alzheimer's Coordinating Center [NACC]) revealed near-full penetrance of AD pathological markers with APOE ϵ 4 homozygosity.¹⁶¹ Symptom onset was predictable in these carriers, similar to that seen in DS and ADAD.¹⁶¹ In support of this, cortical morphology was found to change over 30 years prior to AD pathological onset in cognitively intact young adult APOE ϵ 4 carriers, as they exhibited a thinner and more convoluted cortex as well as lower functional connectivity in the right angular gyrus and DMN.^{162,163}

A β is associated with neocortical tau PET in the presence of APOE ϵ 4 carriership.¹⁶⁴ Compared to a comprehensive genetic risk score for AD (AD-GRS) of 83 genome-wide significant variants omitting APOE, only APOE ϵ 4 status was linked with higher A β PET composite scores

as well as more volume loss of AD-signature regions longitudinally.¹⁶⁵ This faster disease progression seen with APOE ϵ 4 carriage may be explained by its ability to accelerate A β -driven cortical tau spreading across functionally connected regions, particularly at the lower levels of detectable A β .¹⁶⁶ Also at low A β , another study supported a potential vascular-driven pathway to AD progression in APOE ϵ 4 carriers, with widespread cortical blood–brain barrier breakdown based on dynamic contrast-enhanced MRI.¹⁶⁷

The rare APOE ϵ 3 Christchurch (APOE3^{Ch}) variant (R136S) has been identified as protective in ADAD,^{168,169} delaying neurodegeneration and tau PET uptake, even in the presence of A β PET positivity.

10.3 | Education

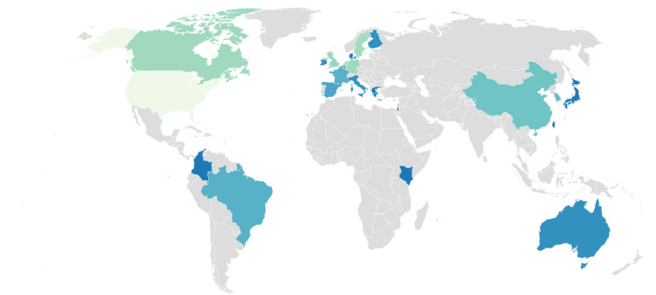
Higher levels of education contribute to cognitive reserve by promoting brain network adaptability and engendering interindividual differences in neural compensation and AD susceptibility. High school education and occupational complexity independently predict prolonged dementia-free survival time.¹⁷⁰ However, education appears to impact cognition differently depending on the disease stage. In A+ cognitively unimpaired adults, longer education was associated with lower fusiform and left lateral occipital cortical volumes. This underscores that, even with cortical atrophy, higher educational attainment is associated with a greater tolerance to A β -related cognitive dysfunction.¹⁷¹ By contrast, in individuals with subjective cognitive decline, this relationship became inverted such that higher education was associated with a lower tolerance to the effects of A β on cognition, potentially related to more subjective awareness.¹⁷² In relation to tau pathology in the clinical stage, education modified the impact of temporal tau PET on AD-signature cortical thinning and cognitive decline, such that there was a protective effect on cognition only at lower levels of tau.¹⁷³ However, with increasing tau burden, higher education adversely modified the impact of tau pathology, accelerating cognitive decline and cortical thinning.¹⁷³ Importantly, while education seems to be a consistent modifier of the A β –tau relationship, effect sizes in research studies remain overall small.

11 | LIMITATIONS

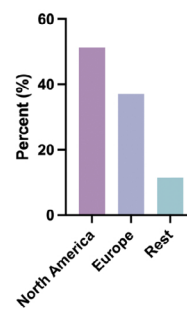
This article followed the Year-In-Review talk at the 2024 Alzheimer's Imaging Consortium, which is hosted annually in North America or Europe. While this consortium consists of experts in the AD neuroimaging field, it also introduces a geographic and community bias that may have skewed the selection of included articles. A recent manuscript by the Alzheimer's Association highlighted that two-thirds of individuals with dementia reside in LMICs, yet the majority of research is centered in high-income countries.¹⁷⁴ Similarly, only 11.6% of the disease-modifying therapies tested in ADRD clinical trials were conducted in LMICs, of which 2% were in low-income countries specifically.¹⁷⁵ In the Global South, despite having achieved notable progress in plasma, neuroimaging, and genetic studies, critical chal-

(A)

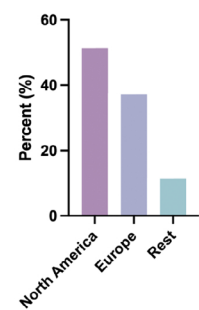
Country of First Author



Continent of First Author

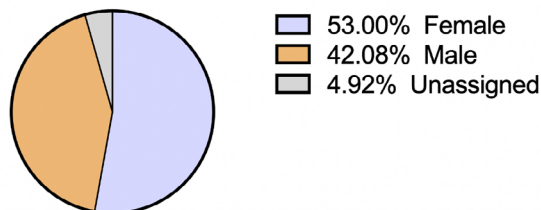


Continent of Last Author



(B)

Sex of First Author



Sex of Last Author

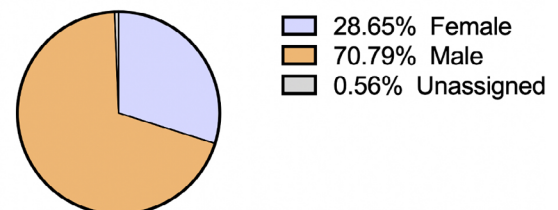


FIGURE 3 Continent and sex of first/last author for the papers included in this review. A, World map corresponding to the first author's affiliation (figure created with Datawrapper) and bar plots of the first and last authors' affiliations. B, Sex of first and last author. The data were not verified with the authors.

lenges in the form of funding scarcity, infrastructure, and sociocultural barriers remain.¹⁷⁶ Moving forward, it will be critical to ensure the growth of LMIC-focused research and global collaboration.

12 | FUTURE RESEARCH PRIORITIES

We encourage the imaging community in ADRD research to further refine and apply the revised diagnosis and staging framework to improve our understanding of the clinicopathological trajectory of AD. We require longer follow-up studies, longitudinal data from ongoing clinical trials, and multi-site (replication) cohorts extracted from memory clinics, communities, *post mortem* data, racially diverse older adults, and mixed dementia populations. In light of such multi-site/multi-cohort studies, efforts are already underway to harmonize tau PET quantification akin to the established Centiloid scale for A β PET and to further develop more sensitive quantitative metrics, universal imaging masks, and positivity cut-offs, particularly at the earlier disease stages.

Based on the papers cited in this review, we observed a significant difference in sex between the first and last author, such that the last author was more frequently male (M/F/Unassigned, first author: 42.1%/53.0%/4.9%, last author: 70.8%/28.7%/0.6%; $P < 0.001$; Figure 3A). With regard to the continent of the first author's affiliation, North America had the most publications (51.3%), followed by

Europe (37.2%), and the rest of the world (11.5%; Figure 3B). Last, we also calculated the reporting frequency of race/ethnicity in cohort-based studies and found that race/ethnicity went unreported in 75.2% of the included papers. Of those that reported race/ethnicity, the majority of the study participants were White (78.6%). The consequences of study underrepresentation across strata such as sex, race, ethnicity, and geography can be far reaching, including limited generalizability of results, disparate acceptance of research and trial findings across population groups, and inequitable access to accurate dementia and disease diagnoses.¹⁷⁷⁻¹⁷⁹ Similarly, underrepresentation in clinical research, such as the lower number of female senior authors observed in this review, may affect publication numbers, grant success, promotion opportunities, and leadership appointments. Moving forward, we encourage the ADRD imaging community to collect and report data on race/ethnicity and other demographic characteristics (e.g., education, rurality, socioeconomic status) when establishing new cohorts and replicating their findings within diverse ethn racial groups. For example, in Latin American and Caribbean countries, risk factors arising from social and health disparities (social determinants of health, cardiometabolic, and mental health risks) were significantly more consequential on cognition and functional ability than classical risk factors such as chronological age and sex.¹⁸⁰ A critical goal will be to advance dementia research in LMICs to be able to achieve a more equitable and globally representative understanding of the disease.¹⁷⁴ In this

regard, research programs such as Africa-FINGERS are essential to implement dementia risk reduction strategies and ensure capacity and infrastructure building and development in these regions.¹⁸¹

Now that AD is increasingly recognized as a disease of multiple pathogenic pathways, neuroimaging will be imperative to integrate, through multi-modal and multi-omic approaches, the many factors at play that predict disease development, progression, and clinical phenotype in each individual. While the therapeutic field will be moving toward combinational and more personalized treatment strategies, there is a need to consider which outcome biomarker should be applied for various subtypes and co-pathologies, including those for atypical AD and non-AD dementia, while also considering the intended use of each biomarker (e.g., safety, diagnostic, trial endpoint, patient stratification). For example, despite an urgent need for more region- and stage-specific markers to represent the vascular (V) and inflammatory (I) categories in the revised criteria on AD diagnosis & staging, identifying such V and I markers remains challenging due to heterogeneity. For the “V” contributions, deciphering heterogeneity is needed not only in terms of the biological and genetic pathways involved but also in terms of imaging-derived lesion size and location, vessel dysfunction, and related cognitive deficits, which often manifest with temporal delays relative to lesion appearance. For the “I” contributions to AD, more research is urgently needed to understand the selectivity of PET radioligands for the distinct inflammatory cell states/phenotypes within their local environmental and clinicopathological context. Similarly, PET ligands that detect other targets, including alpha-synuclein, TDP-43, and 4R tauopathies, are underway.

Together, it is clear that different proteins and cell types mutually interact to accelerate AD pathophysiology, and this notion makes it unlikely that a one-size-fits-all *ante mortem* biomarker for AD will ever suffice. This current review presents recent developments and advances in ADRD research and can help generate new avenues of brain imaging research to identify novel biomarkers and pathobiological mechanisms underlying modifiable phenotypes.

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CONSENT STATEMENT

Because this is a review article, no human subjects provided informed consent.

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